

Spring & Summer 2010

Pastimes for a Lifetime

General Information



Crestwood Community Center

9245 Whitecliff Park Lane
Crestwood, MO 63126
Phone: (314)729-4860
Fax: (314)729-4877
www.ci.crestwood.mo.us

Monday, Wednesday..... 6 a.m. – 9 p.m.
Tuesday, Thursday..... 9 a.m. – 9 p.m.
Friday 6 a.m. - 6 p.m.
Saturday 8 a.m. - 1 p.m.
Sunday Closed

Times are subject to change.

Park Board Members

Paul Duchild, Aldermanic Representative
Cindy Lammert Mary Hall
Greg Cadice Don O'Mara
Armen Ghazarian

Recreation Staff

Amy Meyer—Director
Todd Stover—Recreation Supervisor
Phil Lanio—Recreation Supervisor
Tricia Roberts—Recreation Leader
Kathy Naccarato—Recreation Secretary
Brian Hibdon—Park Supervisor

Table of Contents

Active Families.....	5
Aquatic Center.....	2
Camps.....	6
Clubs.....	8
Dance.....	5
Fitness.....	4
Information.....	10
Gymnastics.....	5
Martial Arts.....	7
Memberships.....	11
Park Information.....	10
Rental Information.....	9
Registration Information.....	11
Sappington House.....	1
Sand Volleyball.....	3
Softball.....	3
Special Events.....	7
Special Interest.....	8
Tennis.....	5
Trips.....	8
Whitecliff Summer Playhouse.....	12

Mission Statement

The mission of the Parks and Recreation Department is to enhance the quality of life for all residents of Crestwood and guests by offering recreation and leisure opportunities, facilities, open space and related services.

City Contacts

Community Center.....	314-729-4860
Fax Number.....	314-729-4877
Weather Hot Line.....	314-909-0405
Rec Line.....	314-729-4880
Crestwood Aquatic Center.....	314-729-4870
Animal Control.....	314-729-4868
Sappington House.....	314-822-8171
Library of Americana.....	314-822-9469
Barn Restaurant.....	314-966-8387
Gift Shop.....	314-821-3222
Government Center.....	314-729-4700
Park Maintenance.....	314-729-4875
Crestwood Connections.....	314-729-4701
C.O.R.P. Office.....	314-821-5048
Relay Missouri (TDD).....	1-800-735-2966
E-mail.....	cityhall@ci.crestwood.mo.us

Coordinator of Inclusive Services

Terri Johnson, CTRS/ CPRP works as the Executive Director of Municipal Partners for Inclusive Recreation. She is responsible for facilitating the inclusion of people with disabilities in our recreation programs. If assistance is needed to participate in a recreation program, please call Terri at (314) 835-6157 (voice) or use Relay Missouri at 1-800-735-2966 (TDD).

Spring Cleaning

The Crestwood Community Center will be closed Wednesday, March 31 and Thursday, April 1 for spring cleaning. The building will reopen on Friday, April 2 at 6 a.m.

Program Registration

Registration will start at 9 a.m. on the following dates:

Spring Programs

Resident:Tuesday, March 16
Non-Resident:.....Tuesday, March 23

Summer Programs

Resident:Tuesday, May 4
Non-Resident:Tuesday, May 11

A special registration day may be held for some programs. Please check individual program descriptions for dates. All programs require pre-registration accompanied by payment. Registration should be completed at least one week prior to the program start date to avoid class cancellation. A program will be canceled three days prior to the start of class if there are not enough participants registered. Individuals may register their own household and one other household for recreation programs on the first day of registration. Individuals may register one team per athletic league on the first day of registration.

The Sappington House

The Sappington House, built in 1808, is believed to be the oldest brick house in St. Louis County. This restored historic site is an outstanding example of Federal architecture, which was popular during the post-revolutionary period (1780-1830). The Sappington historic complex is located at 1015 South Sappington Road. Tours of the facility are available from 11 a.m. to 1:30 p.m., Wednesday through Friday and on Saturday by appointment only. Admission to the Sappington House is \$3 for adults and \$1 for children. Special group tours of the house may be arranged by calling the Resident Manager at 822-8171. A videotaped tour of the house with its history is available for individuals who are not able to physically tour the Sappington Museum.



The Sappington House Library of Americana, a research library located on the site, is open to the public from 11 a.m. to 1:30 p.m. Wednesday through Friday and on Saturday by appointment only. Stop by to browse the shelves and expand your knowledge. Phone 822-9469 for more information.

After you finish your tour, be sure to visit the Sappington House Gift Shop, a fascinating boutique full of unique gift ideas. The Gift Shop is located in the Sappington Barn Restaurant. For more information call 821-3222.

The Sappington Barn Restaurant will reopen this spring under new management. Please call 966-8387 for more information or to book your next event.

We Want You...

To Work at the Crestwood Aquatic Center

If you are interested in working at the Crestwood Aquatic Center as a Lifeguard, Manager, or Coach, contact Lifeguards Unlimited at (314) 423-9899 for more information! You do not need to have lifeguard certification to interview; the management company will help you get your certification. If you want to work in the concession stand or admissions desk, visit the Community Center for an application.

Weather Policy

- On days with inclement weather, the Aquatic Center or portions of the facility may not be available.
- **Rain Check:** When the pool is closed due to inclement weather for 45 consecutive minutes without reopening, paying customers may use their receipt for re-entry within the next 7 days. The dated receipt is required for re-entry.
- If the air temperature is less than 75 degrees at 11 a.m. only the competition pool will open.
- If the air temperature is less than 70 degrees at 11 a.m. the Aquatic Center will not open.

Early Closings

- The Competition Pool will close at 3 p.m. for swim meets on June 15, June 29 & July 13.
- The Aquatic Center will close at 6 p.m. for special events on June 11, June 25, July 16, August 6, August 13.
- Aquatic Center will close at 6 p.m. on Memorial Day, Independence Day and Labor Day.

Daily Admission Fees

All entry fees are 1/2 price after 6 p.m.

Crestwood Resident		Guests	
Adult	\$4	Adult	\$7
Child (age 4-12).....	\$3	Child (age 4-12)	\$5
Senior Citizen (age 62+).....	\$3	Senior Citizen (age 62+).....	\$5
Age 3 and Under	Free	Age 3 and Under.....	Free
<i>Residents are required to have a pass or a Crestwood I.D. in order to pay the daily resident rate at the pool; no other identification will be accepted.</i>		<i>See page 11 for Non-Resident Aquatic Center Pass information.</i>	

Lindbergh School District Policy

If you live in the Lindbergh School District, you are no longer required to have a Crestwood sponsor to purchase a non-resident aquatic center pass. Please bring two forms of identification that include your name and address to verify your Lindbergh residency.



Opening Day—Saturday, May 29

Saturday, May 29 & Sunday, May 30 12 - 8 p.m.
Monday, May 31 12 - 6 p.m.

Tuesday, June 1—Monday, August 16

Monday - Sunday 12 - 8 p.m.
Holidays 12 - 6 p.m.

Tuesday, August 17—Monday, September 6

Weekdays (Mon & Wed) - Comp pool only 4 - 8 p.m.
Weekdays (Tue & Thur) Closed
Weekends (Fri) 4 - 8 p.m.
Weekends (Sat - Sun) 12 - 8 p.m.
Holidays 12 - 6 p.m.

- Operating dates and times are subject to change.
- The facility may not open when Lindbergh School District is in session.
- Portions of the facility may not be available if less than 20 people are in the facility.
- **No** food, drinks or coolers may be brought into the facility.

Birthday Party Packages

Call the Community Center at 729-4860 for rates and other information on scheduling a birthday party at the Aquatic Center. Packages include admission, refreshments and a reserved area for your party.



Swimming Lessons

Registration will be taken at the Community Center beginning May 3. Deadline to register is one week prior to the start date. All classes are 30 minutes in length.

Morning Lessons—10 a.m. and 10:35 a.m. classes:

Session 2	June 7 – June 17	M-Th
Session 3	June 21 – July 1	M-Th
Session 4	July 5 – July 15	M-Th
Session 5	July 19 – July 29	M-Th
8 Classes	\$48/Resident	\$60/Non-Resident

Evening Lessons—8:15 pm class:

Session 6	June 7 – July 26	M
Session 7	June 9 – July 28	W
8 Classes	\$48/Resident	\$60/Non-Resident

Parent/Child Lessons—For children age 3 and younger

Session 1 June 7 – July 26 (10 a.m. only) M
Parent child classes also available during Session 3 (10:35 a.m. only) and Session 7. At registration, please tell the front desk you want the parent/child class.

Advance Swimmers

For children that can swim continuously using a variety of strokes (backstroke, breaststroke, sidestroke, butterfly), turns and survival skills. Advance classes are available in Session 2, Session 4 and Session 6.

At registration, please tell the front desk you want the advance class.

Private Lessons

Available June 14 - July 30. Ask the front desk for a registration form.

Aquatic Center Rental—information available on page 9.

Aquatic Center Membership—information available on page 11.

Swim & Dive Team

Ages 5-18

Join the City of Crestwood's Swim and Dive Team for a summer of fitness and fun meets. Our philosophy is that everyone should have the chance to grow, have fun and participate. The team competes in the Municipal Swim and Dive League, with meets generally held on weekday evenings at the Crestwood Aquatic Center or other south and west county pools. Most practices will be on weekday mornings. Between 7-10 a.m. depending on the swimmer's age. Further information on the team will be available at sign-ups.

Registration

- Returning 2009 team members and new Crestwood residents: Sat, April 10, 9 a.m. – noon.
- New Non-residents and everyone the first date: Tue, April 27, 7-8:30 p.m.
- Registration will be held at the Community Center.
- It is mandatory that a parent or guardian of the team member attend registration and sign up to work at two swim or dive meets during the season. No mail-in, phone-in, drop-off, or faxed registrations will be accepted.
- Registration is taken on a first come, first served basis with the number of swimmers per age group limited.

Fees: \$80/Resident \$95/Non-Resident

The Alternative

Ages 11-16

The Crestwood Police Department and Recreation Department have once again teamed up to host "The Alternative". Gates will open at 6:30 p.m. and remain open until 8:00 p.m. Both residents and non-residents may attend. Swimming, a DJ and various other activities will run until 10 p.m. In the lock-in format, anyone leaving prior to the 10 p.m. closing will not be allowed to return. Pizza, popcorn and a soda are included in the admission price.

June 11, June 25, July 16, August 6 & August 13 Limit 500 Friday 6:30 – 10 p.m. \$6/person



Tot Time

Ages 5 and Under

Bring your little ones to the pool for some early morning fun. The Family Play Pool will be open from 10 to 11:30 a.m. for preschool kids, ages 5 and under. This program is open to members and non-members. Show your membership card for a \$1 discount. Required adult to child ratio 1:3.

June 8 – Aug. 17, Aug. 24, Aug. 31 T & Th 10 – 11:30 a.m.
\$2/Resident Child \$4/Non-resident Child Limit 35

Aqua-Motion

Age 14+

This is a low impact activity that uses water as resistance. Improve your strength, posture, flexibility and coordination while getting a great cardiovascular workout. This program allows you to work at your own pace, whether you are a beginner, intermediate, or advanced level participant.

Instructor: Rhonda Lofgren, ACE certified CPT.

Summer: 120003 June 7 – Aug. 16 MWF 10:15 – 11 a.m.
No class July 5

30 classes Limit 25 \$112/Resident \$140/Non-Resident

Deep Water Aerobics

Age 14+

Get your workout in the deep end of the pool. Swim noodles will be used to assist with the exercises, but basic swimming skills are required.

Instructor: Laura Griesedieck

Summer: 120203 June 21 – Aug. 16 MW 8:15 – 9 p.m.
No class July 5

16 classes Limit 25 \$64/Resident \$80/Non-Resident

River Walking

Age 14+

This great class will add a fun and healthy twist to your workout routine. You will exercise different ways using the resistance of the lazy river current. Great for all fitness levels!

Instructor: Laura Griesedieck

Summer: 120603 A June 22 – Aug. 12 TTh 11 – 11:45 a.m.
15 classes Limit 20 \$60/Resident \$75/Non-Resident

120603 B June 24 – Aug. 12 Th 8:15 – 9 p.m.
7 classes Limit 20 \$28/Resident \$35/Non-Resident

Swimnastics

Age 14+

Splash, Splash your way to fitness in the warm summer sun. The benefits of this aerobic and toning exercise class are endless. All workouts are in the shallow water and no swimming skills are required. Swimnastics will make you feel fit and healthy. All classes are held at the pool.

Instructor: Sharon O'Brien

Summer: 120403 June 22 – July 22 TTh 11 – 11:45 a.m.
10 classes Limit 20 \$44/Resident \$55/Non-Resident

Early Bird Lap Swim

All Ages

Start your day with a splash! The competition pool will be available for early morning fitness swimming on Mondays, Wednesdays and Fridays. There is no age limit for participation, but the program is strictly for lap swimmers. Pay daily and enter through the Community Center.

Show us your All Facility or Aquatic Center Pass and pay ½ price.

Summer: June 2 – Aug. 13 MWF 6:05 – 7 a.m.
\$2/Daily Resident \$3/Daily Non-Resident



Crestwood Softball Leagues

Grab your friends, relatives or co-workers and sign up for the 2010 Crestwood Softball Leagues. All teams will be registered with NSA. Game times are 6:30, 7:30, 8:30 and 9:30 p.m. Rainout make-up games may be on days other than your regularly scheduled night.

Registration for Crestwood Softball Leagues will begin on February 23, at 9 a.m. A \$200 deposit is required to hold a spot in the league. A credit card is required at the time of registration; any fees still unpaid after the second week of play will be charged to the card. All teams must complete and turn in a roster prior to their first scheduled game. In order to receive the resident rate, a team must present a completed roster at the time of registration and 51% of those players must be Crestwood Residents. If you are sponsored by a business within the City of Crestwood your team will qualify for the resident rate.

A team manager or other representative is encouraged to attend the Manager's Meeting on Thursday, March 25, 2010 at the Crestwood Community Center. Teams that do not have a representative present forfeit their right to protest at any point during the season.

Sports League Registration Policy

The following policy applies to all City of Crestwood adult team sports leagues:

Returning teams will be allowed to pre-register until general registration begins and will be contacted regarding this process. Once general registration begins, any returning team not pre-registered will lose their priority and openings in all leagues will be filled on a first come – first served basis. As is our policy for all registrations, the first day of registration is reserved for walk-in sign ups only with phone in registrations beginning the following day. Crestwood Resident Teams must be 51% or more Crestwood residents. To be considered a returning team at least 2/3 of the players from the previous session must be on your roster.

Spring Leagues

Team registration is February 23 through March 20.

Fee includes: softballs, NSA Registration Fee and two umpires per game

Gift certificates awarded to regular season and playoff champions.

Top 4 teams in each league will advance to a playoff.

Tentative start date – week of March 29. Minimum 16 game season

- 430003 A Monday Night Men's Double Header League
- 430003 B Tuesday Night Men's Double Header League
- 430003 C Wednesday Night Men's Double Header League
- 430003 D Thursday Nights Men's Double Header "TOP GUN" League
- **Competitive Teams Only Please**
- 430003 E Friday Night Men's Double Header League
- 430003 F Sunday Night Men's Double Header League

Limit 5 Teams \$570/Resident Team \$600/Non-Resident Team

Summer League Information will be available May 31.

Women's Tennis League at Whitecliff Park



Registration will take place Feb. 22 – 27 at the Crestwood Community Center. Fees for the entire season are \$35 for residents and \$45 for non-residents. You will also request your time slot for the spring season at this time. Summer and Fall registration dates TBA. If you have any questions or need additional information, please call Marilyn at 849-8205.



Racquetball Court Challenge

See if you can make it to the top of the ladder without being knocked off. Open to players of all levels, you can meet new friends and rivals while enjoying the game you love. Ask for rules and a registration form at the front desk. A new ladder starts every January but you can join at any time.

Wallyball Club

What happens when you combine the sports of volleyball and racquetball? You get WALLEYBALL! Come play this fun and energizing game Tuesdays from 9–11 a.m. New players are always welcome. All Facilities and Recreation Pass holders may play free of charge. Also available is a yearly League Court Pass at \$25 for Crestwood residents and \$35 for non-residents that allows free play. And of course, you may always play for a \$2 guest fee each time you participate.

Pilates

Pilates is designed to tone and sculpt your entire body with a series of non-impact exercises, using light weights for arm workout and props as needed to enhance your workout. A Certified Pilates Matwork Instructor will lead you in this class. Bring your own yoga mat and light hand weights.

Spring:	111002 A	April 19 – May 24	M	6:30 – 7:20 p.m.
6 Classes	Limit 20	\$36/Resident	\$45/Non-Resident	
	111002 B	April 10 – May 29	Sa	8:10 – 9 a.m.
8 Classes	Limit 20	\$48/Resident	\$60/Non-Resident	
<i>Sign up for both Monday & Saturday and receive \$6 off your total fees.</i>				
Summer:	111003 A	June 12 – Aug. 24	Sa	8:10 – 9 a.m.
	No class July 3			
6 Classes	Limit 20	\$36/Resident	\$45/Non-Resident	
	111003 B	June 14 – July 19	M	6:30 – 7:20 p.m.
	No class July 5			
5 Classes	Limit 20	\$30/Resident	\$38/Non-Resident	
<i>Sign up for both Monday & Saturday and receive \$6 off your total fees.</i>				

Ages 14+

Awesome Abs

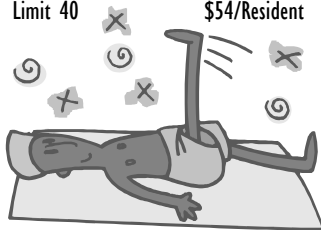
The quickest and most rewarding muscle group to strengthen is your abdominals. It's actually fun. A strong core carries through in everything you do. This class focuses on toning your mid-section and includes exercises for the abdominal and back muscles.

A list of days that classes will not be meeting will be passed out at the beginning of each session.

Instructor: Beronica Mead, AFAA, ACE

Spring:	110802	April 6 – May 27	TTh	6 – 6:45 a.m.
14 Classes	Limit 60	\$42/Resident	\$56/Non-Resident	
Summer:	110803	June 17 – August 26	TTh	6 – 6:45 a.m.
18 Classes	Limit 40	\$54/Resident	\$72/Non-Resident	

Ages 14+



Ages 50+

50+ Balance & Flexibility

This class is structured to help older adults avoid one of their biggest risk factors—injury from falling. Exercises that develop better balance as well as a strong core and flexible muscles will help you feel young and stay active. Bring your own mat to class.

Instructor: Sharon Danyluck

Spring:	110202	April 9 – May 28	F	9 – 9:45 a.m.
8 Classes	Limit 35	\$18/Resident	\$24/Non-Resident	
Summer:	110203	June 11 – August 27	F	9 – 9:45 a.m.
12 Classes	Limit 35	\$27/Resident	\$34/Non-Resident	

Iyengar Yoga

Ages 14+

Iyengar based yoga can increase your flexibility and strength, especially in your core muscles (abs, chest and back). The standing, sitting, resting and partner postures used in this class can improve muscle stability and mind clarity. No shoes necessary with loose fitting, comfortable clothing is recommended. Please bring a mat - some mats are available on a first come first served basis. All fitness levels are welcome.

Instructor: Victoria Schultz, AFAA

Spring:	111602	April 6 – May 27	TTh	8 – 8:55 p.m.
16 Classes	Limit 20	\$48/Resident	\$60/Non-Resident	
Summer:	111603	June 8 – August 26	TTh	8 – 8:55 p.m.
	No Class June 15, June 29 & July 13			
21 Classes	Limit 20	\$63/Resident	\$84/Non-Resident	

Hatha Yoga

Ages 14+

Join experienced instructor Beronica Mead as she leads Hatha Yoga, designed for people of all ages and fitness levels and will help improve strength, flexibility, balance and relaxation. This class involves floor exercises, lying, sitting and standing. Yoga encourages the mind and body to be energized and relaxed. Bring your own yoga mat. A list of days that classes will not be meeting will be available at the beginning of each session.

Instructor: Beronica Mead, AFAA, ACE

Spring:	112202	April 5 – May 26	MW	5:30 – 6:25 p.m.
14 Classes	Limit 20	\$42/Resident	\$56/Non-Resident	
Summer:	112203	June 21 – August 25	MW	5:30 – 6:25 p.m.
18 Classes	Limit 20	\$54/Resident	\$72/Non-Resident	

Fitness Room 1-on-1

Ages 15+

This workshop is designed to introduce participants to the equipment in our weight room and provide the information needed to begin a safe workout routine. Set up an individual session or share a session with a friend.

Instructor: Rhonda Lofgren, ACE certified CPT

Spring:	119602	\$35/per person Resident	\$40/per person Non-Resident
Summer:	119603	\$35/per person Resident	\$40/per person Non-Resident



V.I.P Punch Card

We understand that schedules change and that you may not be able to attend classes at the same time. The V.I.P. punch card allows you to attend 16 classes at any time throughout a session. Punch Cards are valid for all classes except River Walking & Pilates. V.I.P. cards expire at the end of each session. Any classes not used will not be credited. Punch cards must be presented and punched at the front desk prior to each class. Limit 15 Punch Cards

Spring:	119802	\$56/Resident	\$72/Non-Resident
Summer:	119803	\$56/Resident	\$72/Non-Resident

50+ Fitness

Ages 50+

Like fine wine, you too can improve with age. This class is designed for people in the prime of their life who want to maintain their fitness level. Class consists of stretching and toning exercises. Bring a large towel or mat.

Volunteer Instructor: Virginia Dahmer

Spring:	110002	April 5 – May 26	MW	9 – 9:55 a.m.
16 Classes	Limit 50	\$8/Resident \$10/Non-Resident		
Summer:	110003	June 7 – August 30	MW	9 – 9:55 a.m.
	No class July 5			
24 Classes	Limit 50	\$12/Resident	\$18/Non-Resident	

Fusion Fitness

Ages 14+

Bored with the same old routine? Join a fun cross-training cardio and toning class that blends different kinds of aerobic activities (basic floor moves, latin/zumba, funk, kickbox) with toning (pilates, abs, stretching) and tools (lights weights, bands, bars, hoops) for an exciting and ever-changing experience. All fitness levels are welcome. Participants will need to supply some tools with a list given out at the start of class. Get a \$5 discount if you register for both Sat and week-night classes at the same time!

Instructor: Victoria Schultz, AFAA

Spring:	110602 A	April 6 – May 27	TTh	7 – 7:55 p.m.
16 Classes	Limit 20	\$48/Resident	\$60/Non-Resident	
	110602 B	April 10 – May 22	Sa	9 – 9:55 a.m.
7 Classes	Limit 20	\$21/Resident	\$28/Non-Resident	
Summer:	110603 A	June 8 – August 26	TTh	7 – 7:55 p.m.
	No class June 15, June 29, & July 13			
21 Classes	Limit 20	\$63/Resident	\$84/Non-Resident	
	110603 B	June 5 – August 28	Sa	9 – 9:55 a.m.
	No class July 3			
12 Classes	Limit 20	\$36/Resident	\$48/Non-Resident	

Rhonda's Fitness Mix

Ages 16+

Welcome to the Fitness Mix - a great workout for all ages! Get in shape and feel energized with this fun mix of cardio, strength and flexibility that guarantees a great workout. Rhonda will feature a variety of easy to follow, fun and effective moves that are ideal for exercisers of all fitness levels. Please bring a mat (some mats are available on a first come, first serve basis) and a set of 3 to 5 pound dumbbells to enhance your workout. Don't miss out on this great way to start your day!

Instructor: Rhonda Lofgren, ACE certified CPT.

Spring:	110402	April 5 – May 28	MWF	9 – 9:55 a.m.
	No Class April 9 and 16			
22 Classes	Limit 60	\$66/Resident	\$88/Non-Resident	
Summer:	110403	June 7 – August 27	MWF	9 – 9:55 a.m.
	No class July 5			
35 Classes	Limit 60	\$105/Resident	\$140/Non-Resident	



Morning Yoga

Ages 18+

Get your day off to a great start with this relaxing class. Through Yoga all ages and levels of fitness can improve strength, balance and flexibility, in addition to creating a relaxed state of mind. Bring your own yoga mat.

Instructor: Sharon Danyluck

Spring:	111202 A	April 5 – May 24	M	10:30-11:30 a.m.
	111202 B	April 7 – May 26	W	10:30-11:30 a.m.
8 Classes	Limit 35	\$24/Resident	\$32/Non-Resident	
Summer:	111203 A	June 7 – Aug. 30	M	10:30-11:30 a.m.
	No class July 5			
	111203 B	June 9 – Aug. 25	W	10:30-11:30 a.m.
12 Classes	Limit 35	\$36/Resident	\$48/Non-Resident	

Gym Explorer

Ages 2 - 3

Let your little one experience the world of movement. Designed specifically for 2 and 3 year olds, this class will include lots of movement and an introduction to some of our gymnastics equipment. Students are only allowed to sign up for the Tuesday or Wednesday session, not both.

Spring: 410002 A April 6 – May 25 T 9:30 – 10 a.m.
 410002 B April 7 – May 26 W 9:30 – 10 a.m.
 8 Classes Limit 6 \$36/Resident \$52/Non-Resident

Tumbling Tots

Ages 3 - 4

Are you interested in helping your 3 to 4 year old improve their gross motor skills? Try this class! Without the help of parents, participants will learn tumbling skills while having fun. Students are only allowed to sign up for the Tuesday or Wednesday session, not both.

Spring: 410202 A April 6 – May 25 T 10:05 – 10:30 a.m.
 410202 B April 7 – May 26 W 10:05 – 10:30 a.m.
 8 Classes Limit 6 \$36/Resident \$52/Non-Resident



Preschool Gym

Ages 4 - 5

This introductory class is designed specifically for children ages 4 and 5 years. Young gymnasts will participate in high and low beam, uneven bars, springboard and tumbling.

Instructors: Connie Knappmiller
 Spring: 410402 May 12 – August 18 W 3:30 – 4:25 p.m.
 15 Classes Limit 8 \$82/Resident \$112/Non-Resident

Instructional Gym

Ages 5+

The high and low beam, uneven bars, vault and tumbling are the main events in this class. Geared for ages 5 and up, participants will learn and improve their skills in all five areas. Admittance to levels II and III require instructor placement.

Instructor: Connie Knappmiller
 Spring: May 12 – August 18
 410602 Level I W 4:30 – 5:25 p.m.
 410802 Level II/III W 5:30 – 6:25 p.m.
 15 Classes Limit 14 \$90/Resident \$120/Non-Resident

Instructional Dance

Ages 3 - 9

Our community-based dance program offers the participants a chance to experience the world of dance in an instructional, yet enjoyable, manner.

Instructor: Sandy Book, Dance Educators and Dance Masters of America
 Summer: June 8 – July 27 Tu
 210003 A Pre-School Dance Ages 3 – 5 4 – 4:45 p.m.
 210203 A 2nd Year Pre-School Ages 4 – 5 4:45 – 5:30 p.m.
 210403 A Ballet, Tap & Jazz Ages 6 – 9 5:30 – 6:15 p.m.
 June 11 – July 30 F
 210003 B Pre-School Dance Ages 3 – 5 4 – 4:45 p.m.
 210003 B 2nd Year Pre-School Ages 4 – 5 4:45 – 5:30 p.m.
 8 Classes Limit 14 \$32/Resident \$48/Non-Resident

T-Ball

Ages 4 - 7

Introduce your child to America's pastime in our fun and low key class. Your child will love learning the basics of hitting, fielding and throwing. We will cover a broad range of FUNdamentals. The class is open to boys and girls, held at Crestwood Park Ball field #3.

Rainout hotline 909-0405
 Instructor: John Breig
 Spring: 420002 Apr. 21 – May 19 W 6 – 6:55 pm
 Summer: 420003 June 9 – July 7 W 6 – 6:55 pm
 5 Classes Limit 20 \$30/Resident \$40/Non-Resident

Kids Kicks

Ages 4 - 7

This beginner class improves motor skills and focuses on the FUNdamentals of soccer. Emphasis is placed on participation and sportsmanship through drills and games to help children gain the confidence to embrace higher challenges in soccer by learning all of the important skill without the push of competition.

Rainout hotline 909-0405
 Instructor: John Breig
 Spring: (Classes held outdoors at Crestwood Park upper ball field)
 420202 April 17 - May 22 Sa 8 – 8:45 a.m.
 6 Classes Limit 30 \$36/Resident \$48/Non-Resident



Dog Obedience

Age 14+

Have the best-behaved dog on your block. Our beginning dog obedience class will teach your dog to walk on the lead, sit, down, stay, come when called and more with the "clicker" method of training. Dogs must be at least 12 weeks of age and have proof of current vaccinations. Handlers must be 14 years of age or older. First class—Bring your current collar and leash without your dog.

Instructor: Janice Boyanchek
 Spring: 320002 April 19 - June 14 M 7 – 7:50 p.m.
 No class May 31
 8 Classes Limit 6 \$54/Resident \$72/Non-Resident



The following programs are taught by St. Louis Children's Hospital. To register for these programs call (314) 454-KIDS or 800-678-KIDS.

Babysitting Class

An instructor from St. Louis Children's Hospital will teach you the best ways to be safe and keep the children in your care safe. This class is a great introduction to the basics of babysitting. Topics include: the business of babysitting, child development, safety and first aid, and fun and games. No specific age requirement; any child considering babysitting may attend. A 28-page workbook is provided.

Summer: June 15 Tu 6 – 9 p.m. 1 class Limit 20 \$24/Resident & Non-Resident

CPR for Family and Friends

This 3-hour program is for parents, grandparents, teenagers who baby-sit (age 10-15 if accompanied by an adult) and child-care providers. You will receive instruction and hands-on practice in infant and child CPR and first aid for choking. This course is taught by St. Louis Children's Hospital instructors trained by the American Heart Association.

Summer: July 17 Sa 9 a.m. – Noon
 1 Class Limit 15 \$25/Resident & Non-Resident

Staying Home Alone

This 2-hour class, taught by instructors from St. Louis Children's Hospital, will help parents and children determine the child's readiness--physically, mentally, socially and emotionally--to stay home by themselves and help prepare them for this experience. Workbooks--one for parents and one for children--are provided.

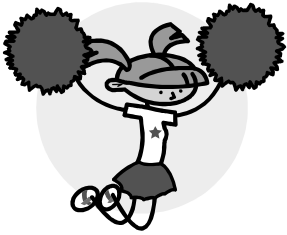
Spring: May 18 Tu 6:30 – 8:30 p.m.
 Summer: Aug. 10 Tu 6:30 – 8:30 p.m.
 1 Class Limit 15 \$20/parent & child

Summer Camps

Dance and Cheer Camp

Ages 5 - 12

Love to DANCE? Love to CHEER? Kids 5-12, you must come HERE! Jump, kick, twirl and twist as you learn the FUNdamentals of dance and cheer. Show your spirit through chants, cheers and crafts. Pump the crowd with show-stopping performances of hip hop and pom-pom routines! Learn the hottest dance moves taught by experienced instructors to music you love! Dance and Cheer camp is perfect for kids who love to groove!



Summer: 220003 August 2 - 6 M - F 1 - 4 p.m.
5 classes min 8 / max 32 \$110/Resident \$130/Non-Resident

Hip Hop Dance Clinic

Ages 5 - 12

You've seen it in music videos, the movies, and on TV...hip hop dance is everywhere! Learn the latest urban dance and hip hop moves in this exciting class. Students integrate funky, aerobic hip hop steps in jammin' combinations. Kids will also have the opportunity to choreograph moves and incorporate their own style. You don't want to miss out on this cool clinic for kids 5-12 years old.

Summer: 220203 August 9 - 13 M - F 1 - 4 p.m.
5 classes min 8 / max 32 \$110/Resident \$130/Non-Resident

Circus Stars Camp

Ages 6 - 12

Walk on stilts! Ride a unicycle! Balance on a rolla-bolla board! These are just a few of the exciting skills you'll learn in Circus Stars Camp. You'll learn juggling, plate spinning, clown acts, animal balloons and much more! Plus we are introducing some brand new juggling and balancing skills this year!



Camp culminates with the students performing an amazing circus for their family and friends.

Summer: 220603 August 9 - 13 M-F 9 a.m. - Noon
5 classes Limit 30 \$120/Resident \$150/Non-Resident

Abra-Kid-Abra Magic Camp:

Ages 6 - 12

Making Things Appear & Disappear All

All new for 2010! Make a coin someone is holding disappear! Color a booklet by magic! Make a person appear from nowhere! These are just a few of the tricks you'll learn in Abra-Kid-Abra Camp. You'll get your own magic box and new tricks to show your friends and family each day. Plus, you'll learn comedy skits, balloon twisting, magic puzzles and lots more! Camp culminates with the campers putting on a family show. Goals are to develop presentation skills, build confidence, and have fun! Tricks are new from previous years' camp.

Summer: 220403 August 2 - 6 M-F 9 a.m. - Noon
5 Classes Limit 30 \$120/Resident \$150/Non-Resident

NEW Kids Comedy Camp

Ages 6 - 14

Funny how much fun you can have when you're learning to be funny! Learn comedy by doing it at Kids Comedy Camp! You'll master the secrets of stand-up, sketch, and improv comedy. Take home a new gag each day—rubber chickens, squirt rings, gag glasses,...! At week's end you'll display your newly enhanced confidence, creativity, performance skills and sense of humor in a show for family and friends.

Summer: 220803 July 26 - 30 M-F 9 a.m. - Noon
5 classes Limit 30 \$120/Resident \$150/Non-Resident

Camp Registration

Residents: Saturday, March 20 at 9 a.m.

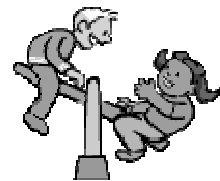
Non-Residents: Tuesday, March 30 at 9 a.m.

A 50 percent deposit for each child's camp fee is due upon registration. The remaining balance is due by May 1. The failure to pay the balance of your fees on time will result in the loss of your deposit and your spot in the program.

Outdoor Adventures

Summer is around the corner and it is time once again for OUTDOOR ADVENTURES!!!! This fun-filled summer day-camp program features a variety of activities including field trips, arts and crafts, sports activities and swimming. Our qualified staff will ensure your child has a safe and enjoyable day camp experience. Camp fee includes all field trips and a camp T-shirt. Outdoor Adventures is open to children entering 1st grade through those entering 6th grade this fall. Outdoor Adventures will be held from 9 a.m. to 3 p.m. in Whitecliff Park.

Summer:	710203 A	Session 1	June 7 - July 2	M-F	9 a.m. - 3 p.m.
20 Days	Limit 90	\$240/Resident	\$280/Non-Resident		
Summer:	710203 B	Session 2	July 6 - July 30	M-F	9 a.m. - 3 p.m.
19 Days	Limit 90	\$228/Resident	\$266/Non-Resident		



Before and After Clubs

Before and After Clubs provide recreation opportunities in the morning from 7 to 9 a.m. and the afternoon from 3 to 5:30 p.m. Clubs include structured and unstructured recreation activities and crafts. Clubs are open to children entering 1st grade through those entering 6th grade this fall. There will be no prorating for any circumstances. Limit 40.

Early drop off and late pick up before or after the listed times is not allowed.

Summer:	Session 1	June 7 - July 2	M-F	20 Days	
	715003 A	Before		\$85/Resident	\$105/Non-Resident
	715203 A	After		\$100/Resident	\$120/Non-Resident
	715403 A	Both		\$165/Resident	\$205/Non-Resident
Summer:	Session 2	July 6 - July 30	M-F	20 Days	
	No camp on July 5				
	715003 B	Before		\$85/Resident	\$105/Non-Resident
	715203 B	After		\$100/Resident	\$120/Non-Resident
	715403 B	Both		\$165/Resident	\$205/Non-Resident

Crayon Kids

Ages 3 - 5

Our enthusiastic staff will lead your 3 - 5 year old (must turn 3 by June 7) in a variety of activities that emphasize fun, friends and self-esteem. Campers will learn new games, explore nature, sing songs, learn arts and crafts, and swim each Friday. Crayon Kids will run from 9 to 11:30 a.m. and is held at the Crestwood Community Center. Due to the nature of this recreational program, all campers must be potty trained.

Summer:	710003 A	Session 1	June 7 - June 25	M-F	9 - 11:30 a.m.
15 Days	Limit 30	\$115/Resident	\$160/Non-Resident		
Summer:	710003 B	Session 2	July 6 - July 23	M-F	9 - 11:30 a.m.
14 Days	Limit 30	\$108/Resident	\$150/Non-Resident		



NEW Balloonatics Camp!

Ages 6 - 12

Calling all Balloonatics! Every day of this camp is an exciting balloon bash! Balloonatic campers learn to create over 20 balloon animals, spin out with UFO balloons and make a balloon helicopter that really flies. Each day campers take home a different novelty balloon—racecar balloons, rocket balloons, and more! Camp concludes with the Balloonatics showing off their skills in a balloon twist jam for their families. Come join the fun in this unique, creative camp!

Summer: 221003 June 28 - July 2 M-F 9 a.m. - Noon
5 classes Limit 30 \$120/Resident \$150/Non-Resident





Easter Egg Scramble Ages 2-10

Hop your way to Whitecliff Park to join the Easter Bunny for his annual egg hunt on Saturday, April 3 at 10 a.m. Children can hunt eggs, some with special prizes, visit with friends and meet the Easter bunny. The event will be held indoors in case of inclement weather.

Tickets are required and will be available at no cost for Crestwood residents only from Feb. 23 to April 1.

April 3 Sa 10 a.m.
Whitecliff Park



Crestwood Plant Swap

Join your neighbors and add some variety to your garden. All perennials, herbs, wildflowers, and bulbs must be labeled and indicate Sun or Shade preference.



Sappington House Complex
May 1 Sa 9-11 a.m.

8th Annual Lazy River Duck Race

Join us at 2 p.m. Sunday, July 4, for the highlight of the summer – hundreds of rubber ducks racing around the lazy river. A 2011 Aquatic Center Family Pass will be awarded to the winner. You can adopt your duck at the Community Center or Aquatic Center beginning June 8 for \$5 a “quack.” Proceeds help support Whitecliff Summer Playhouse. In addition to the grand prize, there will be additional prizes awarded. You don’t have to be present to win!

23rd Annual Senior Mayfest Dance

Come celebrate the National Older Americans Month at the 23rd Annual Senior Mayfest on Friday, May 21st. The dance will be held from 7 to 10 p.m., at the Crestwood Community Center. The Melo-Tones will be featured. Soda, snacks and door prizes are included in your ticket cost. Co-sponsored by the Crestwood Community Center and the South County Older Resident Program (CORP). Tickets will be available beginning Tuesday, April 20 and must be purchased in advance by Wednesday, May 19 at the Crestwood Community Center or the South County CORP office. Tables can be reserved in groups of eight.

May 21 F 7 – 10 p.m. Limit 250 \$10 per person

Route 66 Classic Car Cruise

Saturday, August 14

This will be one of the biggest events to hit Crestwood in years: hundreds (thousands?) of classic cars cruising on Rt. 66 between Crestwood Court and Sunset Hills, concerts along the route, food, fun and more. Keep an eye on the newsletter and Parks and Recreation web site for details.

Call 729-4860 to be involved!



Dog Day Swim

All friendly and well-behaved dogs are invited to enjoy an evening of swimming at the Aquatic Center. Let your pet romp and swim through the lazy river and family play pools after they are closed for the season. Proof of vaccination and current tags are required at time of registration. **Pre-registration is required, no registrations will be taken on the day of the event.**

Summer: September 7 Tu 5:30 – 6:25 p.m.
September 7 Tu 6:35 – 7:30 p.m.
1 Class Limit 30 \$10/Resident Dog \$15/Non-resident Dog

Concerts in the Park

Stop in at Whitecliff Park for an enjoyable (and free) evening of music for the whole family. The concerts will begin at 8 p.m. on the Whitecliff Summer Playhouse stage next to the Community Center. Sno Cones, Popcorn and drinks will be available for purchase. Per ordinance no glass containers are allowed in the park. Don’t forget to bring your chairs.

Saturday, June 5 and Thursday, July 1 Free Event

Kids Triathlon Ages 5-12

Kids, you have all summer to train for this fun and challenging multi-sport event. Our 8th Annual Kids Triathlon consists of a 25 to 75 yard swim, a 1 to 2 mile bike and a 1/2 to 1 mile run. All participants will receive a prize for finishing. Entry forms will be available June 1. Registration ends August 19.

Summer: 910003-KT August 22 Su 8 a.m. start
1 Class No Limit \$18/Child Resident and Non-Resident
After August 3 fee is \$24/Child Resident or Non-Resident



Workout for the Cure

Set aside your morning for up to 5 hours of different exercise classes with a variety of instructors. All participants will receive refreshments, t-shirts and a good feeling for helping to make a difference. If you’ve always wanted to try out some of our fitness programs or experience a different instructor, this is the place!

Proceeds to benefit the Susan G. Komen for the Cure St. Louis Affiliate®

Registration forms available beginning February 3.

March 27 Sa 8 a.m. – 1 p.m. \$30 registration fee

Kite Flight Event



Let’s go fly a kite! Join us at the softball field in Whitecliff Park for this great spring event. Bring your own kite. Snacks will be provided for the kids.

May 8 Sa 1 p.m. Free Event
Whitecliff Park

T'ai Chi

Ages 12+

T'ai Chi is a Chinese method of exercise and “moving meditation” as well as an art of self-defense. Its practice consists of slow, continuous movements which are performed in a relaxed manner. T'ai Chi training cultivates patience, perseverance, and strengthens the body, while restoring balance and developing deeper states of dynamic relaxation. T'ai Chi benefits the body with a balance of strength, flexibility, and controlled energy through awareness. Participants start as beginners.

Instructor: Lou Laudel (20+ years of experience in T'ai Chi)

Spring: April 7 – May 26 W
111802 A Beginner 6:30 – 7:25 p.m.
111802 B Intermediate 7:30 – 8:25 p.m.
8 Classes Limit 20 \$40/Resident \$48/Non-Resident

Summer: June 9 – August 11 W
111803 A Beginner 6:30 – 7:25 p.m.
111803 B Intermediate 7:30 – 8:25 p.m.
10 Classes Limit 20 \$50/Resident \$62/Non-Resident

Kung Fu Kids

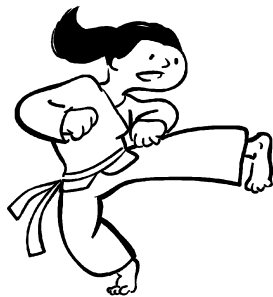
Ages 5+

Learn a variety of martial arts styles from the coolest instructors in town. Children ages 5 & older will participate in well-structured and fun classes that are convenient for busy families.

The classes will be held at Robinson’s Karate, 8738 Rear Watson Road (Watson Auto Care Plaza).

Instructor: Robinson’s Karate, Ltd.

Spring: 425402 April 16 – May 7 F 6:15 p.m.
Summer: 425403 June 4 – June 25 F 6:15 p.m.
4 Classes Limit 15 \$25/Resident \$35/Non-Resident



Taekwondo

Ages 6+

Taekwondo is a martial art that stresses discipline, conditioning, stretching and kicking. This is an excellent program for the whole family, and is a superb vehicle to develop self-confidence.

Due to the physical nature of the program, a uniform is required; approximate cost is \$40. U.S.T.A. membership is also required at \$35 annually.

Instructors: Jerry Smith - 6th Degree Black Belt
Grant Meenach - 3rd Degree Black Belt

Spring: Apr. 20 – June 24 TTh No class April 15
425002 Youth Classes (ages 6 – 12) 5:30 – 6:30 pm
20 Classes Limit 15 \$30/Resident \$40/Non-Resident

425202 Adult Classes (ages 13 & Over) 7 – 8:30 pm
20 Classes Limit 25 \$50/Resident \$70/Non-Resident

Summer: July 20 – Sept. 23 TTh
425003 Youth Classes (ages 6 – 12) 5:30 – 6:30 pm
20 Classes Limit 15 \$30/Resident \$40/Non-Resident

425203 Adult Classes (ages 13 & Over) 7 – 8:30 pm
20 Classes Limit 25 \$50/Resident \$70/Non-Resident

Special Events

Martial Arts

All-Mid-County Muni programs are open to residents of Crestwood, Rock Hill, Sunset Hills and Webster Groves at resident rates. Residents of other communities are welcome to participate, but must pay non-resident rates. When inquiring about or registering for any program, please call the city Parks and Recreation Department listed as the program host. Payment must be received in full before registration is complete. Webster Groves trips depart from Webster Groves Recreation Complex, 33 E. Glendale. Crestwood trips depart from Crestwood Community Center, 9245 Whitecliff Park Lane.

Crestwood

Todd Stover
9245 Whitecliff Park Lane
Crestwood, MO 63126
(314) 729-4860

Rock Hill

Al Hayden
9620 Manchester Road
Rock Hill, MO 63119
(314) 961-1846

Sunset Hills

Herb Pyne
12450 W. Watson Road
Sunset Hills, MO 63127
(314) 842-7265

Webster Groves

Wayne Dunker
33 E. Glendale
Webster Groves, MO 63119
(314) 963-5600

Lunch and Bingo

Mid-County Muni Lunch and Bingos are held the first Thursday of most months. We meet for two hours of bingo, socializing and lunch. Advance phone registration is required.

First Thursday of the Month 11:30 a.m. – 1:30 p.m.

\$5/person prepaid \$7/person day of event

Register with Webster Groves

Registration Deadline: One week in advance.



Bratwurst and Bingo

This special event will be conducted in lieu of lunch and bingo for July. Brats, bingo and fun!

Watson Trail Park
(12450 W. Watson Rd., Sunset Hills)

July 1 Th 11:30 a.m. – 1:30 p.m.

Register with Webster Groves.



Sinner's Day Out

Join us for a day of drinking, gambling and eating along the Missouri River. You'll spend the morning at the Ameristar Casino (or wander the shops of Main Street St. Charles) have lunch at the Augusta Brewing Company and follow that up with a stop at one or two wineries as time permits. To add to the fun, at each stop, you'll get a playing card to make the best poker hand you can with...best hand wins a prize at the end of the day! Lunch with non-alcoholic beverage and van transportation are provided—you'll need to sneak your fun money out of your spouse's pocket on your own. Preregistration deadline is April 12 at Crestwood.

Spring: 610202 B Thursday, April 29 9:30 a.m. – 3:30 p.m.

Limit 12 \$25/MCM Resident \$30/Non-Resident

Chip-A-Thon Saturday, April 3, 2010 2-4 p.m.

Area residents are encouraged to reserve one or more microchips for their dog and/or cat pets by calling Crestwood Animal Control at (314) 729-4868 or event co-sponsor, Yorkshire Animal Hospital at (314) 843-2394. Cost of each chip is \$30 and includes the registration fee on the 24-Hour national network. The event will be held at the Crestwood Community Center in Whitecliff Park.



Crestwood Senior Dance Club

Join us every Tuesday afternoon for dancing, music and friends. Ballroom, circle tag, round, line and Latin dancing are just a few of the styles you will enjoy. Any skill level is welcome. The club meets from 12:30 to 3 p.m.

510004 Limit 200

\$18 per year/Resident \$25 per year/Non-Resident



Bridge Club

Every Monday afternoon friends meet from 11:30 a.m. to 3 p.m. to play the wonderful card game of bridge. All skill levels are welcome. You can choose to pay annually or per visit.

510204

Annual option

\$15 per year/Resident

\$22 per year/Non-Resident

Per visit option

Pay at the door each week

\$1/Resident & Non-Resident

Spring Cleaning

The Crestwood Community Center will be closed Wednesday, March 31 and Thursday, April 1 for spring cleaning. The building will reopen on Friday, April 2 at 6 a.m.

Amusement Park Tickets

Save \$\$\$ on both daily and season tickets to Six Flags, Silver Dollar City and Whitewater! Tickets will be available at the Community Center again this spring and summer. These tickets are available at a discount through the Missouri Parks and Recreation Association. Please call (314)729-4860 or stop in the Community Center to see how much you will save!



55 Alive

Age 50+

Mature Driving Program

AARP's unique four-hour classroom refresher course for drivers age 50 and older has just been updated! New information and lively illustrations help you learn how to improve driving to drive more safely. Pre-registration is required, so call to reserve your spot today! No payment is due until the first class. Bonus! Graduates may be able to qualify for a discount on auto insurance!

Summer: 320203 July 22 Th 9 a.m. – 1 p.m.

1 Class Limit 25 \$12/AARP members \$14/Non-Members

Crestwood Home Expo & House Tour

The Crestwood Home Expo will be back in 2011. The Crestwood Home Expo Committee is in need of committee members, please contact Karen Rainey at 314-494-7959 or Tricia Roberts at 314-729-4860 for more information.

Sponsors Wanted

We are looking for full and partial sponsors for our special events and programs including the Mayor's Block Party, Kid's Triathlon, Valentine's Trail Run, Halloween, Work-out for a Cure, Egg Hunt and more. Contact Amy at 314-729-4860 to help your community while you promote your business.

Fitness Room

The fitness room is open during normal operating hours of the community center. The facility is equipped with a variety of Cybex strength stations and Precor treadmills, recumbent bicycles and elliptical cross trainers. A guardian must accompany youth ages 12 to 14; 15 to 17 year olds must have a parent release form on file at the community center to use the facility on their own. No one under the age of 12 will be allowed in the fitness room.
Crestwood resident guest fee \$2
Non-resident guest fee \$4
Free with Recreation and All Facility Passes.

Multipurpose Room

Open basketball and volleyball time is subject to room availability. Ask about our youth basketball goal. Call the Rec Line at 729-4880 for times or pick up an open room schedule. New schedules are available weekly.

Crestwood Resident Guest Fee

Weekdays 8 a.m. to 5 p.m. Free
Weekdays 5 p.m. to 9 p.m. & all day on weekends \$2

Non-Resident Guest Fee

Weekdays 8 a.m. to 5 p.m. \$2
Weekdays 5 p.m. to 9 p.m. & all day on weekends \$4
Free with Recreation and All Facility Passes.

Tennis Reservations

All Facility, Recreation and Court Pass holders may make tennis court reservations at Whitecliff Park, April 1 through October 31. Make reservations by calling the Community Center one-week in advance but not less than one day prior to playing time (no same day reservations). Reservations must be made no later than 4 p.m. for next day or by 4 p.m. on Friday for Saturday, Sunday and/or Monday reservations.

Picnic Reservations

Reserve a spot for your next picnic or family reunion at Crestwood Park or Whitecliff Park. Permits are issued beginning the first working day in January for Crestwood residents and one month or less in advance of picnic date for non-residents. Fees for pavilions are \$25 for Crestwood residents and \$40 for non-residents. Fees for picnic areas are \$15 for residents and \$25 for non-residents. There will be no refunds or rescheduling of reservations due to inclement weather. Reservations must be made in person at the community center during normal operating hours. Reservations may not be made less than 24 hours prior to the desired time.

Racquetball Court Rental

All Facility, Recreation and Court Pass holders may make one racquetball court reservation per day, up to one week in advance to the hour.

Hourly Court Charges

Crestwood Resident Member..... \$6
Non-Resident Member..... \$8
Guest Fee..... \$2

Discounted Court Charges

Available Monday, Wednesday, Friday from 6 a.m. – 3 p.m.
Available Tuesday and Thursday from 9 a.m. – 3 p.m.
Crestwood Resident Member..... \$4
Non-Resident Member..... \$6
Guest Fee..... \$2
Non-members may play racquetball on a walk on basis only. No reservations will be taken. Same hourly court charges and guest fees apply.

Walleyball Court Rental

- All Facility, Recreation and Court Pass holders may make one reservation per day, up to one week in advance to the hour.
- Court must be reserved by 5 p.m. on the day before your reservation.

Crestwood Resident Member..... \$8
Non-Resident Member..... \$10
Guest Fee Per Each Additional Person..... \$2

Rental fees are subject to change, please call the Crestwood Community Center for the most current rate information.

Facility Rentals

Are you looking for an easy and affordable place for your next birthday party, wedding reception, meeting or reunion? The Community Center and Aquatic Center are available for your use for your event. The Community Center can hold groups of 10 to 200 people in one of our many different rooms. We will set up tables and chairs how you want, provide time for decorating, accommodate your choice of caterer (or use our kitchen and cook yourself) and take down the tables and chairs when you are finished. Use the award winning Aquatic Center for your company picnic, school outing or church group and enjoy one of the best attractions in the area. We will work with you to arrange for an event that will be talked about for years to come. For individuals or groups, private or commercial, our rental fees are very competitive. To learn more about our fees and facility availability, call us at (314) 729-4860 or stop in for a tour. Rentals must be booked thirty days prior to the event.

Community Center	Individual Resident or Merit Group Hourly Rate	Resident Business or Individual Non-Resident Hourly Rate	Commercial Non-Resident Hourly Rate
1 Meeting Room	\$20	\$35	\$45
2 Meeting Rooms	\$30	\$55	\$70
3 Meeting Rooms or Lounge	\$45	\$75	\$90
Multi-Purpose Room (Athletic Rental only)	\$35 \$20 (1/2 gym)	\$65 \$40 (1/2 gym)	\$80 \$50 (1/2 gym)
Multi-Purpose Room	\$45	\$85	\$100

An additional "After Hours" fee of \$25/hr. for residents and \$35/hr. for non-residents and business will apply when applicable.

Aquatic Center 2 hour rentals	Number of People	Management Cost	Crestwood Rental Fee	Total Resident Fee	Additional Non-Resident Fee	Total Non-Resident Fee
Multi-Purpose Lap Pool	25 or less	\$120	\$60	\$180	\$30	\$210
	26-150	\$150	\$60	\$210	\$30	\$240
	151-250	\$180	\$60	\$240	\$30	\$270
Play Pool	75 or less	\$180	\$80	\$260	\$40	\$300
Leisure Area (Lazy river, big slide, lily pads, beach entry area)	150 or less	\$300	\$140	\$440	\$70	\$510
	151-250	\$330	\$140	\$470	\$70	\$540
Entire Aquatic Center	25-150	\$510	\$200	\$710	\$100	\$810
	151-250	\$570	\$200	\$770	\$100	\$870

Concession stand fees are \$25/hr., plus the cost of food. If outside food or drink is used, a \$25 clean up fee will be charged.

Crestwood Parks & Facilities	Crestwood Park	Ferndale Park	Rayburn Park	Sanders Park	Spellman Park	Whitecliff Park	Sappington House Historical Site
Size in acres	21	1	3.3	4.2	3	85	2.5
Playground	1	1	1	2	1	1	
Sports Fields	2				1	1	
Tennis Courts	2			1	1	4 - Lighted	
Restrooms	1					1	
Picnic Areas		1		1	1	1	
Picnic Pavilions	2			1		2	
Multiuse Courts				1	1	1 - Basketball & Roller Hockey	
Trails	1					1	
Ponds						1	1
Community Center						1	
Outdoor Aquatic Complex						1	
Other	Sledding Hill					Sand Volleyball Court, GPS Cache Course	Historical Home and Restaurant
Location	Meadowfern Dr.	Ferndale & Liggett	Rayburn Ave.	Sanders & Clover	Spellman Dr.	Whitecliff Park Ln.	1015 South Sappington

Park Hours

Whitecliff Park is open year 'round from 7 a.m. to 11 p.m.

- The gate located at the entrance to the lower picnic shelter in Whitecliff Park will be locked one half-hour after sunset. Vehicle use in this area after sunset is by permit only. The area will remain open for pedestrian use until 11 p.m.
- Due to the limited amount of parking for picnics and the popularity of the Grant Trail, any car parked at the lower pavilion lot without a permit will be subject to towing. Grant Trail parking is permitted in the upper parking lots at Whitecliff Park and at the Public Works Facility on Pardee Lane.

All other Crestwood parks are open 7 a.m. to 9 p.m., September through April and 7 a.m. to 10 p.m., May through August.

Park Rules: For Your Safety and Protection

Please observe all park rules and regulations for a safe and enjoyable leisure experience:

- State and City laws apply in all Crestwood parks.
 - Weapons of all types are prohibited on park property.
 - Alcoholic beverages are permitted only in designated areas.
 - Glass beverage containers are prohibited in all park areas.
 - Driving and parking are permitted in designated areas only.
 - A 15-MPH speed limit is enforced on park roads.
 - Cooking fires are restricted to park grills in designated picnic areas.
 - Pets must be leashed and may not be brought into posted areas. Pet owners are required to carry and use removal devices for pet excrement.
- Skateboards are not allowed on roadways. No skates, skateboards, roller blades or bicycles allowed on tennis courts, steps or railings.

Your Satisfaction - Guaranteed!

The Crestwood Public Service Department strives to provide quality recreation programs for you and your family.

- If you participate in a recreation program and find that the quality does not meet your expectations, please notify us with your concerns in writing. We will refund your program fee in full.
- If you register for a program and later determine you will not be able to attend the class, let us know at least five days before the start of the class. If someone fills your spot before the start of the program, we'll refund your program fee minus a \$3 service charge.
- If you are unable to participate in a recreation program due to a health reason, present a physician's statement as proof of illness and we will refund your program fee minus a \$3 service charge. If the program has already begun, you will receive a pro-rated amount for the number of classes still remaining.
- If we cancel a program or change the program dates or times making it impossible for you to participate, we will send you a full refund.
- Refunds for registrations made with cash or check will be sent by mail to the address on your registration form. Refunds for registrations made with MasterCard/Visa will be credited to your charge account. Please allow 2-3 weeks for processing.
- Leagues, tournaments, trips, camps and special events are exempt from this policy.

Insurance Statement

The Crestwood Public Services Department does not provide insurance coverage for injuries suffered while participating in parks and recreation programs or while using park facilities. We, therefore, urge that any costs related to such injuries be presented to your personal insurance carrier.

Americans with Disabilities Act

The programs and facilities of the Crestwood Parks and Recreation Department are available to people of all abilities. If accommodations are needed to participate, please notify us when registering or at least 48 hours in advance by calling us at (314) 729-4860 (voice) or use Relay Missouri 1-800-735-2966 (TDD). If we are unable to meet your needs, there is a grievance procedure available for ADA concerns.

Gift Certificates

Give the gift of Fun! Memberships, programs or activities are great presents for your favorite someone's birthday, Mother's Day or Father's Day. Stop in the community center to purchase a gift certificate today.

Fair Play Policy

Crestwood Public Services Department, Recreation Division offers opportunities for people of all ages and abilities. Our goal is to provide for personal growth in a safe environment. Please assist us in maintaining a safe and enjoyable environment by following our Fair Play Policy. Individuals using parks and recreation facilities are expected to:

- Wear appropriate attire including a shirt and shoes in the Community Center.
- Refrain from using profane language.
- Refrain from placing themselves and/or others at risk (i.e., hitting, fighting, biting, kicking, spitting, etc.).
- Respect one another and one another's belongings.
- Not participate in any unlawful activities (i.e., illegal drugs, weapons, vandalism, stealing, etc.).
- Remain with their instructor; follow directions to the best of their ability and refrain from causing disruptions.
- Persons who endanger the safety of themselves or others will be removed from the park facility and/or recreation program. Other infractions of the rules will be handled as deemed necessary by the parks and recreation department staff. If children are involved, their parents and/or guardian will be contacted.

Thank you for your consideration of this policy.

Proof of Residency

Please bring two forms of identification that include your name and address to verify your Crestwood residency. These items can be your current personal property tax receipt, driver's license, voter id card or unpaid utility bill.

Senior Memberships

A 10 percent discount is extended to all seniors age 62 or over purchasing a membership. On family memberships, this discount applies only to qualifying seniors.

Family Status

To qualify for a "Family" membership, all individuals on the pass must be permanent residents at the address listed on the membership application.

Replacement Cards

A fee of \$4 will be charged to replace lost or damaged cards.

Membership/Pass fees are subject to change, please contact the Community Center for the most current rates.

Recreation Pass

- Serves as identification at the Crestwood Aquatic Center, allowing residents to pay daily resident rate.
- Same privileges as Court Pass.
- Use of the Dance Room and Multi-Purpose Room during open gym hours.
- Use of Fitness Room when age appropriate.
- Use of Community Center locker.

Crestwood resident individual	\$65
Crestwood resident family of 4	\$125
Each additional person (family pass only).....	\$20
Crestwood business rate (individual pass only).....	\$80
Non-resident individual	\$95
Non-resident family of 4	\$190
Each additional person (family pass only).....	\$30

Resident Aquatic Center Pass

- Good for admission to the Crestwood Aquatic Center.
- Bring in up to 4 guests daily.

Crestwood resident individual	\$70
Crestwood resident family of 4	\$190
Each additional person (family pass only).....	\$30
Crestwood business rate (individual pass only).....	\$105

Resident All Facilities Pass

- Includes both Recreation Pass and Aquatic Center pass privileges.

Crestwood Resident Individual	\$115
Crestwood Resident Family of 4	\$280
Each Additional Person (family pass only).....	\$45

Crestwood I.D. Card

- Used to prove Crestwood residency and receive resident rates at the Aquatic Center and at the Community Center.
- Must be renewed each calendar year at the Community Center and residency must be verified.

Crestwood Resident.....\$5

Court Pass

- This pass allows you to make racquetball and/or tennis reservations a maximum of one week in advance.
- Ability to make walleyball reservations a maximum of one week, but no less than 24 hours in advance.
- Only pay court fee, no guest fee for pass holders.

Crestwood resident individual.....	\$45
Crestwood business rate.....	\$55
Non-resident individual.....	\$65

Non-Resident Aquatic Center Pass

- Good for admission to the Crestwood Aquatic Center
- Pass holders may bring 2 guests daily.

Non-resident family of 4.....	\$375
Each additional person (family pass only).....	\$60
Non-resident individual.....	\$135
Non-resident I.D. card.....	\$25

A limited number of passes and I.D. cards are available to sponsored non-residents. Crestwood residents may pick up vouchers for any non-resident family or individual they wish to sponsor at the Community Center beginning March 1. Passes will be available beginning at 8:00 a.m. on Saturday, April 10, for sponsored non-residents on a first-come, first served basis while supply lasts. *If you live in the Lindbergh School District, you are no longer required to have a Crestwood sponsor to purchase a non-resident aquatic center pass.*

How to Register

Walk-In

Bring your payment by check (payable to "City of Crestwood"), cash or credit card (MasterCard or Visa) to the staff at the front desk of the Crestwood Community Center, 9245 Whitecliff Park Lane. See page 1 for our days and hours of operation.

Phone-In

Phone-in registrations are accepted 9 a.m. — 5 p.m., beginning the second day after the appropriate registration period.

Call the community center at 729-4860. Please have the following information ready:

- Name, address and phone number
- Program name and number
- MasterCard or Visa, card number and expiration date.

Mail-In

Mail-in registrations are processed at noon on the appropriate registration start day. Send a completed registration form and your payment by check payable to the "City of Crestwood" to:

- Program Registration
- Crestwood Parks and Recreation
- 9245 Whitecliff Park Lane
- Crestwood, Missouri 63126

Fax-In

Fill out the registration form below completely. In the comments section, please indicate the following:

- Type of card - MasterCard or Visa
- Account number
- Expiration date
- Name of cardholder

Send the fax to the community center at 314-729-4877. Fax registrations will be accepted beginning the second day after the appropriate registration start date.

See page 1 for registration dates. Please read program descriptions for special registration dates.

<p>Participant's Name - Please Print _____ Home Phone _____ Work/Cell Phone _____</p> <p>Address _____ City _____ Zip _____ Birth date _____ Sex _____ M F</p> <p>Does the participant need an accommodation? _____</p> <p>AGREEMENT TO RELEASE AND HOLD THE CITY OF CRESTWOOD HARMLESS In consideration of the City's permitting my participation in the Program(s) specified above, I agree as follows: 1. I, for myself and my personal representatives, release and discharge the City of Crestwood, its agents, officers and employees, from all claims for personal injury, damage or loss of property, liability or expense, including attorney's fees, arising out of my participation in the above Program(s) not withstanding any claim of fault or negligence (whether sole, concurrent or otherwise) on the part of the City, its agents, officers or employees. 2. I, for myself and my personal representatives, agree to defend, indemnify and hold the City of Crestwood, its agents, officers and employees, harmless against all claims which may be asserted by others for personal injury, damage or loss to property, liability or expense, including attorney's fees, occasioned by any of my acts or omissions not withstanding any claim of fault or negligence (whether sole, concurrent or otherwise) on the part of the City, its agents, officers or employees. 3. I do hereby grant and give the City of Crestwood the right to use my or my child's photograph or image for any publications or promotions of the activities or facilities of the City of Crestwood.</p> <p>Signature of Participant (If under 18, Parent or Legal Guardian) _____ Date _____</p>	<p>Program _____</p> <p>Program # _____</p> <p>Session SP SU F W</p> <p>Day M TU W TH F SA SU</p> <p>Dates _____</p> <p>Time _____</p> <p>For Office Use Only</p> <p>Fee Paid _____</p> <p>Staff _____ Date _____</p> <p>R NR CK CA CH</p> <p>Comments _____</p>
<p>CRESTWOOD PUBLIC SERVICES, RECREATION DIVISION 9245 WHITECLIFF PARK LANE</p>	<p>CRESTWOOD, MO 63126</p>



Produced in joint cooperation by:
Crestwood Parks and Recreation
and Playhouse Productions, Inc.



The Music Man June 17-20
A Funny Thing Happened on the Way to the Forum July 8-11
God's Favorite (Special Performances)* July 22-25
A Chorus Line July 29-Aug 1

Tickets—\$2 for children and \$5 for adults

The award winning Whitecliff Summer Playhouse starts its third decade of providing live musical theatre for the entire family on an outdoor stage in Whitecliff Park. Tickets go on sale starting at 6:30 p.m. before each performance. So bring your lawn chair and enjoy the Whitecliff Summer Playhouse, summer stock musical theatre at its best.

Auditions: Call (314)729-4860 after April 1 to schedule an audition time. Bring a prepared song, with sheet music or non-vocal taped accompaniment, a recent picture and be prepared to dance.

1st round of auditions

(for all 3 shows)

Friday, April 30

5:30, 6:30 and 7:30 p.m.

Saturday, May 1

10 a.m., 11 a.m. and 12 p.m.

2nd round of auditions

(for 2nd and 3rd shows)

Friday, May 21

5:30, 6:30 and 7:30 p.m.

Saturday, May 22

10 a.m., 11 a.m. and 12 p.m.

* There will be no auditions for "God's Favorite"

A \$50 Playhouse membership is required for each production. Members receive tickets to performances. Persons interested in working on the technical or business aspects of theater can call Playhouse Productions at (314) 832-8584. Orchestra opportunities are also available.

Program Registration

Registration will start at 9 a.m. on the following dates:

Spring Program

Resident Tuesday, March 16

Non-Resident Tuesday, March 23

Summer Programs

Resident..... Tuesday, May 4

Non-Resident..... Tuesday, May 11



Crestwood Community Center
9245 Whitecliff Park Lane
Crestwood, MO 63126
314-729-4860
www.ci.crestwood.mo.us

PRSRT STD
U.S. POSTAGE
PAID
ST. LOUIS, MO
PERMIT NO. 3252



**Spring & Summer
2010**

Programs and Events