

Pastimes for a Lifetime



Crestwood Community Center

9245 Whitecliff Park Lane
Crestwood, MO 63126
Phone: (314)729-4860
Fax: (314)729-4877
www.ci.crestwood.mo.us

Monday, Wednesday..... 6 a.m. – 9 p.m.
Tuesday, Thursday..... 9 a.m. – 9 p.m.
Friday 6 a.m. - 6 p.m.
Saturday 8 a.m. - 1 p.m.
Sunday Closed

Times are subject to change.

Park Board Members

Paul Duchild, Aldermanic Representative
Cindy Lammert Mary Hall
Greg Cadice Don O'Mara
Armen Ghazarian

Recreation Staff

Amy Meyer—Director
Todd Stover—Recreation Supervisor
Phil Lanio—Recreation Supervisor
Tricia Roberts—Recreation Leader
Kathy Naccarato—Recreation Secretary
Brian Hibdon—Park Supervisor

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Mission Statement

The mission of the Recreation Division of the Public Services Department is to enhance the quality of life for all residents of Crestwood and guests by offering recreation and leisure opportunities, facilities, open space and related services.

City Contacts

Community Center.....	314-729-4860
Fax Number.....	314-729-4877
Weather Hot Line	314-909-0405
Rec Line	314-729-4880
Crestwood Aquatic Center.....	314-729-4870
Animal Control.....	314-729-4868
Sappington House	314-822-8171
Library of Americana.....	314-822-9469
Barn Restaurant.....	314-966-8387
Gift Shop	314-821-3222
Government Center.....	314-729-4700
Park Maintenance.....	314-729-4875
Crestwood Connections.....	314-729-4701
C.O.R.P. Office	314-821-5048
Relay Missouri (TDD)	1-800-735-2966
E-mail.....	cityhall@ci.crestwood.mo.us

Coordinator of Inclusive Services

Terri Johnson, CTRS/ CPRP works as the Executive Director of Municipal Partners for Inclusive Recreation. She is responsible for facilitating the inclusion of people with disabilities in our recreation programs. If assistance is needed to participate in a recreation program, please call Terri at (314) 835-6157 (voice) or use Relay Missouri at 1-800-735-2966 (TDD).

Crestwood Business Rate

A membership rate is available to employees of Crestwood businesses. Bring in a current pay stub and Driver's License to receive the discounted rate, available on most passes. See page 11 for pricing information.

Program Registration

Registration will start at 9 a.m. on the following dates:

Fall Programs

Resident: Tuesday, August 18
Non-Resident:..... Tuesday, August 25

Winter Programs

Resident: Tuesday, December 1
Non-Resident: Tuesday, December 8

A special registration day may be held for some programs. Please check individual program descriptions for dates. All programs require pre-registration accompanied by payment. Registration should be completed at least one week prior to the program start date to avoid class cancellation. A program will be canceled three days prior to the start of class if there are not enough participants registered. Individuals may register their own household and one other household for recreation programs on the first day of registration. Individuals may register one team per athletic league on the first day of registration.



Sanders Park Renovation

Sanders Park is a linear park, 4.2 acres in size, located just west of Sanders Drive. In the fall of 2007, the City of Crestwood solicited community input and developed a master plan for the renovation of Sanders Park. The master plan was used to obtain a grant through the Municipal Park Grant Commission which will fund 100% of the Sanders Park improvement costs. The Sanders Park Improvement Project includes: removal of the southern tennis court and complete renovation of the northern tennis court; resurfacing of the existing basketball court; renovation of the southernmost playground to include new rubberized surfacing and new playground equipment (targeted for children two to five years of age); construction of a picnic shelter with bar-b-que pit near the new playground; removal of the dilapidated shelter pads & game courts no longer in use; construction of a split rail fence near the northern playground to serve as a decorative safety buffer between the playground and nearby Gravois Creek; widening of the existing trail from six to nine feet in order to allow improved police access; extension of the trail in two directions to provide better pedestrian access to neighboring residents; a paved cul-de-sac (with parking) where the park abuts the terminus of Clover Lane; and the addition of on-street parking along Sanders Drive near the north end of the park. The construction documents were recently finalized and construction is scheduled for the fall 2009.

The Sappington House

The Sappington House, built in 1808, is believed to be the oldest brick house in St. Louis County. This restored historic site is an outstanding example of Federal architecture, which was popular during the post-revolutionary period (1780-1830). The Sappington historic complex is located at 1015 South Sappington Road.

Tours of the facility are available from 11 a.m. to 2 p.m., Wednesday through Friday and by appointment on Saturdays. Admission to the Sappington House is \$3 for adults and \$1 for children. Special group tours of the house may be arranged by calling the Resident Manager at 822-8171. A videotaped tour of the house with its history is available for individuals who are not able to physically tour the Sappington Museum.

The Sappington House Library of Americana, a research library located on the site, is open to the public from 11 a.m. to 3 p.m. Tuesday through Friday and from noon to 3 p.m. on Saturdays. Stop by to browse the shelves and expand your knowledge. Phone 822-9469 for more information.

After you finish your tour, be sure to visit the Sappington House Gift Shop, a fascinating boutique full of unique gift ideas. The Gift Shop is located in the Sappington Barn Restaurant. For more information call 821-3222.

Sappington House Luncheon Fundraiser

Help support the Sappington House Foundation on Thursday, September 10 at the Two Hearts Banquet Center. Guest speaker, Ray Hoffstetter, will entertain with "A Funny Thing Happened on the Way to Retirement," a combination of stories and experiences during his 44 years at Channel 5. Doors open at 11 a.m., lunch at 11:30 a.m. Reservations must be made prior to Sept. 1. For more information, please contact Pat, 314-842-1088.

Sept. 10 Th 11 a.m. \$20/person

Heritage Tour 2009

The Sappington House Complex is part of the "Heritage Tour 2009", this event allows individuals to tour and enjoy refreshments at several historic homes in the St. Louis area. The tour will be Sunday, October 4 and includes the Sappington House, Hawken House, Mudd's Grove, Oakland House, and Fairfax House. For information call Ray, 314-843-9403.

Oct. 4 Su 11 a.m. - 5 p.m.
\$15/person in advance \$20/person at the door

Sappington Barn Restaurant Reopening Fall 2009

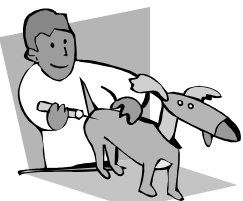


New Hours

The Museum and Library hours will be as follows beginning Wednesday, April 5, 2009:

Sunday - Tuesday	Closed
Wednesday - Friday	11 a.m. - 2 p.m.
Saturday	By Appointment Only

Last tour given at 1:45 p.m.
Also available for special group tours.



Chip-A-Thon

Saturday, September 12, 2009 2—4 p.m.

Area residents are encouraged to reserve one or more microchips for their dog and/or cat pets by calling Crestwood Animal Control at (314) 729-4868 or event co-sponsor, Yorkshire Animal Hospital at (314) 843-2394. Cost of each chip is \$30 and includes the registration fee on the 24-Hour national network. The event will be held at the Crestwood Community Center in Whitecliff Park.

Dog Obedience

Age 14+

Have the best-behaved dog on your block. Join our beginning dog obedience classes and learn to train your dog to walk on the lead, sit, down, stay, come when called and more. All classes use the "clicker" method of training. Dogs must be at least 12 weeks of age and have proof of current vaccinations. Handlers must be 14 years of age or older. **Bring your current collar and leash without your dog to the first class.**

Instructor: Janice Boyanchek

Fall: 320003 Sept. 14 - Nov. 2 M 7 - 7:50 p.m.

Winter: 320001 Jan. 25 - March 22 M 7 - 7:50 p.m.

No class Feb. 15

8 Classes Limit 6 \$54/Resident \$72/Non-Resident



City Pet Tags

Crestwood municipal code requires owners of dogs and cats over the age of four months to purchase city registration tags or "pet tags" each year and stipulates that pets must have both a city tag and a rabies tag affixed to their collars at all times. Pet tags go on sale each year in November and are sold until March 1st without penalty. For tags purchased March 1st or later, a \$2.00 fine is added onto the tag price for each late month.

Pet tags are available at the Community Center in Whitecliff Park and on the City's webpage. Pet owners must bring along a rabies vaccination certificate for each animal to be registered or a veterinarian's print out of the pet's vaccination records. A veterinarian's print out must include the rabies tag number, the date the vaccine was administered, and whether a one or three year vaccine was used.

Since failure to purchase pets is an ordinance violation, pet owners will receive only two warnings before the matter is referred to municipal court. Animals not wearing current pet tags will be impounded.

Dog Day Swim

All friendly and well-behaved dogs are invited to enjoy an evening of swimming at the Aquatic Center. Let your pet romp and swim through the lazy river and family play pools after they are closed for the season. Proof of vaccination and current tags are required at time of registration.

Pre-registration is required, no registrations will be taken on the day of the event.

Summer: 910001 D1	September 8	Tu 5:30 - 6:25 p.m.
910001 D2	September 8	Tu 6:35 - 7:30 p.m.
1 Class Limit 30	\$10/Resident Dog	\$15/Non-resident Dog

Volunteers Needed

We are looking for volunteers for the Sappington House Museum, Library and Gift Shop.

We also need volunteers for our special events and programs including the Block Party, Kid's Triathlon, Valentine's Trail Run, Halloween, Egg Hunt and more.

Please contact Amy at 314-729-4860 to help your community.

50+ Fitness

Ages 50+

Like fine wine, you too can improve with age. This class is designed for people in the prime of their life who want to maintain their fitness level. Class consists of stretching and toning exercises. Bring a large towel or mat.

Volunteer Instructor: Virginia Dahmer

Fall:	110004	Sept. 9 – Dec. 16	MW	9 – 9:55 a.m.
28 Classes	Limit 50	\$14/Resident	\$21/Non-Resident	
Winter:	110001	Jan. 4 – Mar. 24	MW	9 – 9:55 a.m.
		No Class Jan. 18 & Feb. 15		
22 Classes	Limit 50	\$11/Resident	\$17/Non-Resident	



Crestwood Senior Dance Club

Join us every Tuesday afternoon for dancing, music and friends. Ballroom, circle tag, round, line and Latin dancing are just a few of the styles you will enjoy. Any skill level is welcome. The club meets from 12:30 to 3 p.m.

\$18 per year/Resident
\$25 per year/Non-Resident



Bridge Club

Every Monday afternoon friends meet from 11:30 a.m. to 3 p.m. to play the wonderful card game of bridge. All skill levels are welcome. You can choose to pay annually or per visit.

<u>Annual option</u>	<u>Per visit option</u>
\$15 per year/Resident	Pay at the door each week
\$22 per year/Non-Resident	\$1/Resident & Non-Resident

Fall Prevention Day—Missouri Physical Therapy Assoc.

Falls and balance problems present a significant health risk. In the elderly population, falls are the leading cause of death due to injury. The Missouri Physical Therapy Association is sponsoring Fall Prevention Day on September 22, 2009. Physical therapists and occupational therapists from Rehab I Network will be available to perform balance screens, fall risk assessment, and educate participants on fall prevention strategies. Come learn how to help make yourself or a loved one safer at home and in the community.

September 22, 2009 Tu 11 a.m.—2 p.m. Free for everyone

50+ Balance & Flexibility

Age 50+

This class is structured to help older adults avoid one of their biggest risk factors—injury from falling. Exercise that develop better balance as well as a strong core and flexible muscles will help you feel young and stay active. Bring your own mat to class.

Instructor: Sharon Danyluck

Fall:	110204	Sept. 11—Dec. 4	F	9 - 9:45 a.m.
		No Class Nov. 27		
12 Classes	Limit 35	\$30/Resident	\$36/Non-Resident	
Winter:	110201	Jan. 8—Mar. 12	F	9 - 9:45 a.m.
10 classes	Limit 35	\$25/Resident	\$30/Non-Resident	



Entertainment Books

Entertainment books for the St. Louis area are available at the Community Center front desk for \$30 each. A limited number of books are available on a first come basis through the end of November.

Gift Certificates

Give the gift of Fun! Memberships, programs or activities are great presents for your favorite someone's birthday or holiday gift. Stop in the community center to purchase a gift certificate today.

Amusement Park Tickets

Discount tickets to Six Flags, Silver Dollar City and Whitewater are available at the Community Center through the Missouri Parks and Recreation Association. Please call 729-4860 or stop in the Community Center to see how much you will save!



T'ai Chi for Older Adults

Medical studies have shown that T'ai Chi improves balance, reduces stress, lowers blood pressure, eases arthritis pain, and improves circulation and more. This class will begin with some light stretching and repetitive exercises followed by an introduction to T'ai Chi. Our goal is to reap the benefits of practicing this form of exercise and "moving meditation" as quickly as possible.

Instructor: Lou Laudel (20+ years of experience in T'ai Chi)

Fall:	112004	Sept. 10 – Nov. 12	Th	9 - 10 a.m.
Winter:	112001	Jan. 7 – Mar. 11	Th	9 - 10 a.m.
10 Classes	Limit 20	\$50/Resident	\$62/Non-Resident	

55 Alive

Age 50+

Mature Driving Program

AARP's unique eight-hour classroom refresher course for drivers age 50 and older has just been updated! New information and lively illustrations help you learn how to improve driving to drive more safely. Pre-registration is required, so call to reserve your spot today! No payment is due until the first class. Bonus! Graduates may be able to qualify for a discount on auto insurance!

Fall:	320204 A	Sept. 17	Th	9 a.m. – 1 p.m.
	320204 B	Dec. 10	Th	9 a.m. – 1 p.m.
Winter:	320201	Mar. 11	Th	9 a.m. – 1 p.m.
1 Class	Limit 25	\$12/AARP members	\$14/Non-members	



Wallyball Club

What happens when you combine the sports of volleyball and racquetball? You get WALLEYBALL! Come play this fun and energizing game Tuesdays from 9–11 a.m. New players are always welcome. All Facilities and Recreation Pass holders may play free of charge. Also available is a yearly League Court Pass at \$25 for Crestwood residents and \$35 for non-residents that allows free play. And of course, you may always play for a \$2 guest fee each time you participate.

Pilates

Pilates is designed to tone and sculpt your entire body with a series of contemporary and traditional non-impact exercises, using light weights for arm workout and props as needed to enhance your workout. A Certified Pilates Matwork Instructor will lead you in this class. Bring your own yoga mat and light hand weights.

Sign up for concurrent Monday & Saturday and receive \$6 off your total fees.

Fall:	111004 A	Aug. 29 – Oct. 3	Sa	8:10 – 9 a.m.
	111004 B	Sept. 28 – Nov. 2	M	6:30 – 7:20 p.m.
	111004 C	Nov. 16 – Dec. 21	M	6:30 – 7:20 p.m.
6 Classes	Limit 20	\$36/Resident	\$45/Non-Resident	
	111004 D	Oct. 10 – Nov. 7	Sa	8:10 – 9 a.m.
	111004 E	Nov. 14 – Dec. 19	Sa	8:10 – 9 a.m.
	No Class	Nov. 28		
5 Classes	Limit 20	\$30/Resident	\$38/Non-Resident	
Winter:	111001 A	Jan. 4 – Feb. 8	M	6:30 – 7:20 p.m.
	No Class	Jan. 18		
	111001 B	Jan. 9 – Feb. 6	Sa	8:10 – 9 a.m.
	111001 C	Feb. 13 – Mar. 13	Sa	8:10 – 9 a.m.
5 Classes	Limit 20	\$30/Resident	\$38/Non-Resident	
	111001 D	Feb. 22 – Apr. 5	M	6:30 – 7:20 p.m.
6 Classes	Limit 20	\$36/Resident	\$45/Non-Resident	

Fitness Room 1-on-1

This workshop is designed to introduce participants to the equipment in our weight room and provide the information needed to begin a safe workout routine. Contact the Community Center to set up an individual session or share a session with a friend.

Instructor: Rhonda Lofgren, ACE certified CPT

Fall:	119604	\$35/per person Resident	\$40/per person Non-Resident
Winter:	119601	\$35/per person Resident	\$40/per person Non-Resident

NEW Saturday Class

Fusion Fitness

Ages 14+

Bored with the same old routine? Join a fun cross-training cardio and toning class that blends different kinds of aerobic activities (basic floor moves, latin/zumba, funk, kickbox) with toning (pilates, abs, stretching) and tools (weights, bands, bars, hoops) for an exciting and ever-changing experience. All fitness levels are welcome. Participants will need to supply some tools with a list given out at the start of class.

Instructor: Victoria Schultz, AFAA

Fall:	110604 A	Sept. 8 – Dec. 17	TTh	7 – 7:55 p.m.
	No Class	Nov. 26		
29 Classes	Limit 20	\$87/Resident	\$116/Non-Resident	
	110604 B	Sept. 12 – Nov. 21	Sa	10 – 11 a.m.
	No Class	Oct. 31		
10 Classes	Limit 20	\$30/Resident	\$40/Non-Resident	
Winter:	110601 A	Jan. 5 – Mar. 25	TTh	7 – 7:55 p.m.
24 Classes	Limit 20	\$72/Resident	\$96/Non-Resident	
	110604 B	Jan. 2 – Mar. 27	Sa	10 – 11 a.m.
	No Class	Jan. 16		
13 Classes	Limit 20	\$39/Resident	\$52/Non-Resident	

Iyengar Yoga

Iyengar based yoga can increase your flexibility and strength, especially in your core muscles (abs, chest and back). The standing, sitting, resting and partner postures used in this class can improve muscle stability and mind clarity. No shoes necessary with loose fitting, comfortable clothing is recommended. Please bring a mat (some mats are available on a first come first served basis). All fitness levels are welcome.

Instructor: Victoria Schultz, AFAA

Fall:	111604	Sept. 8 – Dec. 17	TTh	8 – 8:55 p.m.	No Class Nov. 26
29 Classes	Limit 20	\$87/Resident	\$116/Non-Resident		
Winter:	111601	Jan. 5 – Mar. 25	TTh	8 – 8:55 p.m.	
24 Classes	Limit 20	\$72/Resident	\$96/Non-Resident		

Ages 14+

Hatha Yoga

Ages 14+

Join experienced instructor Beronica Mead as she leads Hatha Yoga, designed for people of all ages and fitness levels and will help improve strength, flexibility, balance and relaxation. This class involves floor exercises, lying, sitting and standing. Yoga encourages the mind and body to be energized and relaxed. Bring your own yoga mat.

A list of days that classes will not be meeting will be available at the beginning of each session.

Instructor: Beronica Mead, AFAA, ACE

Fall:	112204	Sept. 14 – Dec. 21	MW	5:30 – 6:25 p.m.
26 Classes	Limit 20	\$78/Resident	\$104/Non-Resident	
Winter:	112201	Jan. 4 – Mar. 24	MW	5:30 – 6:25 p.m.
20 Classes	Limit 20	\$60/Resident	\$80/Non-Resident	

Awesome Abs

Ages 14+

A strong core carries through in everything you do. This class focuses on toning your mid-section and includes exercises for the abdominal and back muscles. A list of days that classes will not be meeting will be passed out at the beginning of each session.

Instructor: Beronica Mead, AFAA, ACE

Fall:	110804	Sept. 8 – Dec. 17	TTh	6 – 6:45 a.m.
26 Classes	Limit 60	\$78/Resident	\$104/Non-Resident	
Winter:	110801	Jan. 5 – Mar. 25	TTh	6 – 6:45 a.m.
22 Classes	Limit 40	\$66/Resident	\$88/Non-Resident	

Ages 15+

V.I.P Punch Card

We understand that schedules change and that you may not be able to attend classes at the same time. The V.I.P. punch card allows you to attend 16 classes at any time throughout a session. Punch Cards are valid for all classes except River Walking & Pilates. V.I.P. cards expire at the end of each session. Any classes not used will not be credited. Punch cards must be presented and punched at the front desk prior to each class. Limit 15 Punch Cards

Fall:	119804	\$60/Resident	\$75/Non-Resident
Winter:	119801	\$60/Resident	\$75/Non-Resident

Ages 12+

T'ai Chi

T'ai Chi is a Chinese method of exercise and "moving meditation" as well as an art of self-defense. Its practice consists of slow, continuous movements which are performed in a relaxed manner. T'ai Chi training cultivates patience, perseverance, and strengthens the body, while restoring balance and developing deeper states of dynamic relaxation. T'ai Chi benefits the body with a balance of strength, flexibility, and controlled energy through awareness. Participants start as beginners.

Instructor: Lou Laudel (20+ years of experience in T'ai Chi)

Fall:	Sept. 16 – Nov. 25	W	No class Nov. 11
111804 A	Beginner	6:30 – 7:25 p.m.	
111804 B	Intermediate	7:30 – 8:25 p.m.	
Winter:	Jan. 6 – Mar. 10	W	
111801 A	Beginner	6:30 – 7:25 p.m.	
111801 B	Intermediate	7:30 – 8:25 p.m.	
10 Classes	Limit 20	\$50/Resident	\$62/Non-Resident

Morning Yoga

Ages 18+

Get your day off to a great start with this relaxing class. Through Yoga all ages and levels of fitness can improve strength, balance and flexibility, in addition to creating a relaxed state of mind. Bring your own yoga mat.

Instructor: Sharon Danyluck

Fall:	111204 A	Sept. 14 – Dec. 14	M	10:30-11:30 a.m.
	111204 B	Sept. 16 – Dec. 23	W	10:30-11:30 a.m.
	No Class	Nov. 11		
14 Classes	Limit 35	\$42/Resident	\$56/Non-Resident	
Winter:	111201 A	Jan. 4 – Mar. 22	M	10:30-11:30 a.m.
	No Class	Jan. 18 & Feb. 15		
	111201 B	Jan. 6 – Mar. 10	W	10:30-11:30 a.m.
10 Classes	Limit 35	\$30/Resident	\$40/Non-Resident	

Rhonda's Fitness Mix

Ages 16+

Welcome to the Fitness Mix - a great workout for all ages! Get in shape and feel energized with this fun mix of cardio, strength and flexibility that guarantees a great workout. Rhonda will feature a variety of easy to follow, fun and effective moves that are ideal for exercisers of all fitness levels. Please bring a mat (some mats are available on a first come, first serve basis) and a set of 3 to 5 pound dumbbells to enhance your workout.

Instructor: Rhonda Lofgren, ACE certified CPT.

Fall:	110404	Sept. 9 – Dec. 18	MWF	9 – 9:55 a.m.
	No Class	Sept. 25, Nov. 11 & Nov. 27		
41 Classes	Limit 60	\$126/Resident	\$168/Non-Resident	
Winter:	110401	Jan. 4 – Mar. 19	MWF	9 – 9:55 a.m.
	No Class	Jan. 18 & Feb. 15		
31 Classes	Limit 60	\$96/Resident	\$128/Non-Resident	

Ages 14+

Gym Explorer

Ages 2 - 3

Let your little one experience the world of movement. Designed specifically for 2 and 3 year olds, this class will include lots of movement and an introduction to some of our gymnastics equipment. Students are only allowed to sign up for the Tuesday or Wednesday session, not both.

Fall:	410004 A	Sept. 29 - Nov. 17	Tu	9:30 - 10 a.m.
	410004 B	Sept. 30 - Nov. 18	W	9:30 - 10 a.m.
Winter:	410001 A	Jan. 12 - Mar. 2	Tu	9:30 - 10 a.m.
	410001 B	Jan. 13 - Mar. 3	W	9:30 - 10 a.m.
8 Classes	Limit 6	\$36/Resident		\$52/Non-Resident



Tumbling Tots

Ages 3 - 4

Are you interested in helping your 3 to 4 year old improve their gross motor skills? Try this class! Without the help of parents, participants will learn tumbling skills while having fun. Students are only allowed to sign up for the Tuesday or Wednesday session, not both.

Fall:	410204 A	Sept. 29 - Nov. 17	Tu	10:05 - 10:35 a.m.
	410204 B	Sept. 30 - Nov. 18	W	10:05 - 10:35 a.m.
Winter:	410201 A	Jan. 12 - Mar. 2	Tu	10:05 - 10:35 a.m.
	410201 B	Jan. 13 - Mar. 3	W	10:05 - 10:35 a.m.
8 Classes	Limit 6	\$36/Resident		\$52/Non-Resident

Preschool Gym

Ages 4 - 5

This introductory class is designed specifically for children ages 4 and 5 years. Young gymnasts will participate in high and low beam, uneven bars, springboard and tumbling.

Instructors:	Connie Knappmiller			
Fall:	Sept. 16 - Dec. 9	W	3:30 - 4:25 p.m.	
410404	No Classes	Nov. 11 and Nov. 25		
11 Classes	Limit 8	\$72/Resident		\$94/Non-Resident
Winter:	Jan. 13 - Apr. 7	W	3:30 - 4:25 p.m.	
410401	No Class	Mar. 31		
12 Classes	Limit 8	\$78/Resident		\$102/Non-Resident

Instructional Gym

Ages 5+

The high and low beam, uneven bars, vault and tumbling are the main events in this class. Geared for ages 5 and up, participants will learn and improve their skills in all five areas.

Admittance to levels 2 and 3 require instructor placement.

Call for try-out times.

Instructor:	Connie Knappmiller			
Fall:	Sept. 16 - Dec. 9	W		
410604	Level 1		4:30 - 5:25 p.m.	
410804	Level 2 & 3		5:30 - 6:25 p.m.	
	No Classes	Nov. 11 and Nov. 26		
11 Classes	Limit 8	\$77/Resident		\$99/Non-Resident
Winter:	Jan. 13 - Apr. 7	W		
410601	Level 1		4:30 - 5:25 p.m.	
410801	Level 2 & 3		5:30 - 6:25 p.m.	
	No Class	Mar. 31		
12 Classes	Limit 8	\$84/Resident		\$108/Non-Resident

Kung Fu Kids

Ages 5+

Learn a variety of martial arts styles from the coolest instructors in town. Children ages 5 & older will participate in well-structured and fun classes that are convenient for busy families.

The classes will be held at Robinson's Karate, 8738 Rear Watson Road (Watson Auto Care Plaza).

Instructor: Robinson's Karate, Ltd.

Fall:	425404	Oct. 2 - Oct. 23	F	6:15 p.m.
Winter:	425401	Feb. 12 - Mar 5	F	6:15 p.m.
4 weeks	Limit 15	\$25/Resident		\$35/Non-Resident

Kids Kicks

Ages 4 - 8

This beginner class improves motor skills and focuses on the FUNdamentals of soccer. Emphasis is placed on participation and sportsmanship through drills and games to help children gain the confidence to embrace higher challenges in soccer by learning all of the important skills without the push of competition.



Rainout hotline 909-0405

Fall: (Classes held outdoors at Whitediff Park)

420204	Sept. 12 - Oct. 17	Sa	9 - 9:45 a.m.
6 Classes	Limit 30	\$36/Resident	\$48/Non-Resident

Kids Hoops

Ages 5 - 8

This instructional basketball class develops motor skills and stresses the FUNdamentals of basketball through drills and games. Emphasis is placed on sportsmanship.

Fall:	420404	Nov. 3 - Dec. 1	Tu	5:15 - 6 p.m.
Winter:	420401	Jan. 19 - Feb. 16	Tu	5:15 - 6 p.m.
5 Classes	Limit 15	\$30/Resident		\$40/Non-Resident

Taekwondo

Ages 6+

Taekwondo is a martial art that stresses discipline, conditioning, stretching and kicking.

This is an excellent program for the whole family, and is a superb vehicle to develop self-confidence.

Due to the physical nature of the program, a uniform is required; approximate cost is \$40.



Instructors: Jerry Smith - 7th Degree Black Belt
Grant Meenach - 4th Degree Black Belt

Youth Classes (ages 6 - 12)

Fall:	425004	Oct 6 - Dec. 15	TTh	5:30 - 6:30 p.m.
		No Class	Nov. 26	
20 Classes	Limit 15	\$30/Resident		\$40/Non-Resident
Winter:	425001	Jan. 12 - Mar. 18	TTh	5:30 - 6:30 p.m.
20 Classes	Limit 15	\$30/Resident		\$40/Non-Resident

Adult Classes

Fall:	425204	Oct 6 - Dec. 15	TTh	6:45 - 8:15 p.m.
		No Class	Nov. 26	
20 Classes	Limit 25	\$50/Resident		\$70/Non-Resident
Winter:	425201	Jan. 12 - Mar. 18	TTh	6:45 - 8:15 p.m.
20 Classes	Limit 25	\$50/Resident		\$70/Non-Resident

NEW

4-on-4 Basketball League

Grab your friends, relatives or co-workers and sign up for our new 4-on-4 basketball League. Game times are 7:00, 7:30, 8:00 & 8:30. Teams will play 2 games per night and games will be played to 13 points with a max time of 30 minutes. Basket will be worth one point and the winning team must win by at least 2 points. Top 4 teams will advance to a one night, single-elimination playoff.

Gift certificates awarded to regular season and playoff champions.

Fall:	Sept. 23 - Dec. 9	W	7:00 - 9:00 p.m.	No games on 11/11 or 11/25
Winter:	Feb. 3 - Apr. 14	W	7:00 - 9:00 p.m.	No games on 3/31
16 game regular season	Limit 9 Teams		\$150/team (7 players max per team)	

Beginner Tennis

Ages 4 - 7

This is the perfect opportunity to introduce your child to the lifetime sport of tennis. Young children learn the important fundamental skills of the game while having fun. Please bring your own racquet.

Instructor: Anna Millar

Fall:				
420604	Sept. 15 - Oct. 20	Tu	5:30 - 6:15 a.m.	
6 Classes	Limit 8	\$30/Resident		\$45/Non-Resident

Private Tennis Lessons

Ages 4+

Private tennis lessons are available for youth and adults by request. Register at the Community Center front desk for your tennis package. The instructor will contact you to set up specific lesson times based on availability.

Minimum 1/Maximum 4	421404
\$35/one, one-hour session (up to three additional people per session)	
\$125/four, one-hour sessions (up to three additional people per session)	
\$10/each additional person	

Junior Tennis

Ages 10 - 16

This class is designed for Juniors who want to improve their game and work toward a competitive level of play. Please bring own racquet.

Fall:				
421004	Sept. 15 - Oct. 20	Tu	7:15 - 8:15 p.m.	
6 Classes	Limit 12	\$42/Resident		\$63/Non-Resident

Ages 7 - 10

Intermediate Tennis

Students learn the proper techniques associated with the grip, forehand, backhand, the serve, and rules of the game with an emphasis on fun! Please bring your own racquet.

Fall:				
420804	Sept. 15 - Oct. 20	Tu	5:30 - 6:15 p.m.	
6 Classes	Limit 12	\$42/Resident		\$63/Non-Resident

Crestwood-Kirkwood Youth Theatre

This award winning program offers a unique and fun learning experience in live theatre for young people ages 7 through 18 years old. All performances are held at the Kirkwood Community Center Theatre. Rehearsals are held after school and on weekends. Cast members must supply their own costumes. Rehearsal fees include a show T-shirt.

\$40/Crestwood & Kirkwood Residents \$55/Non-Residents

For auditions:

- Call the Kirkwood Community Center at (314) 822-5855 to schedule an audition time. Auditions will be held at the Kirkwood Community Center. The Kirkwood Community Center will begin accepting audition calls on August 25, for the Fall show.
- Bring a prepared song with sheet music or a non-vocal taped accompaniment.
- Dress comfortably so you can dance.
- Bring a current photo we can keep.

Little Shop of Horrors

Ages 11 - 18

Performance: Dec. 3—6

Auditions: Sept. 26 Sa 9 a.m. - Noon
@ Kirkwood Community Center

Director/Musical Director: Joe Schoen
Director/Choreographer: Dan Horst

Alice In Wonderland

Ages 6 - 18

Performance: Apr. 1—4

Auditions: Jan. 30 Sa 9 a.m. - Noon
@ Kirkwood Community Center

Director: Tom Murray
Musical Director: TBD
Choreographer: TBD



Ballet, Tap & Jazz

Ages 3+

Experience the world of dance in an instructional, yet enjoyable manner in our community-based dance program. Everyone, youth or adult, has the opportunity to have fun, to learn and do their best to succeed in his/her efforts. Ballet, Tap, Jazz, Pointe or combinations of these types of dance are available. These programs culminate in a recital on Saturday, April 17. Dress rehearsals are on the evenings of April 15 & 16. Recital costumes will be an additional \$35 - \$65 and will be ordered towards the end of the fall session. Black leotards, pink tights, pink ballet shoes and black tap shoes may be ordered at discount prices through the instructor. Ask for an order form at time of registration.

A list of days that classes will not be meeting will be passed out at the beginning of each session.

Instructor: Sandy Book, Member Dance Educators of America and Dance Masters of America

Fees for dance classes are as follow:

"A" Fee Classes	\$65/Resident	\$99/Non-Resident	"B" Fee Classes	\$50/Resident	\$75/Non-Resident
Both Sessions:	\$130/Resident	\$198/Non-Resident	Both Sessions:	\$100/Resident	\$150/Non-Resident

12 Classes for each session Class Limit 14

You must register for both sessions when you register for Fall to guarantee a spot in the Winter session.

Fall Schedule

Preschool Dance -ages 3-5 beginner—Fee "B"					
210004 A	Sept. 15 - Dec. 15	Tu	4:30 - 5:15 p.m.		
210004 B	Sept. 16 - Dec. 16	W	4:30 - 5:15 p.m.		
210004 C	Sept. 19 - Dec. 19	Sa	9 - 9:45 a.m.		

2nd Year -ages 4 & 5 with previous dance experience—Fee "B"

210204 A	Sept. 15 - Dec. 15	Tu	5:15 - 6 p.m.		
210204 B	Sept. 19 - Dec. 19	Sa	9:45-10:30 a.m.		

Ballet, Tap & Jazz -ages 6 & 7—Fee "B"

210404 A	Sept. 15 - Dec. 15	Tu	6 - 6:45 p.m.		
210404 B	Sept. 16 - Dec. 16	W	5:15 - 6 p.m.		

Ballet, Tap & Jazz -ages 8 & 9—Fee "A"

210604 A	Sept. 15 - Dec. 15	Tu	6:45 - 7:40 p.m.		
210604 B	Sept. 16 - Dec. 16	W	6 - 6:55 p.m.		

Ballet, Tap, Jazz & Toe -10 & Over—Fee "A"

210804	Sept. 16 - Dec. 16	W	7 - 7:55 p.m.		
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Choreography - Instructor approval required—Fee "A"

211004	Sept. 15 - Dec. 15	Tu	7:45 - 8:40 p.m.		
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Advanced Choreography - Instructor approval required—Fee "A"

211204	Sept. 16 - Dec. 16	W	8 - 8:55 p.m.		
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Winter Schedule

Preschool Dance -ages 3-5 beginner—Fee "B"

210001 A	Jan. 12 -Apr. 6	Tu	4:30 - 5:15 p.m.		
210001 B	Jan. 13 -Apr. 7	W	4:30 - 5:15 p.m.		
210001 C	Jan. 9 -Apr. 10	Sa	9 - 9:45 a.m.		

2nd Year -ages 4 & 5 with previous dance experience—Fee "B"

210201 A	Jan. 12 -Apr. 6	Tu	5:15 - 6 p.m.		
210201 B	Jan. 9 -Apr. 10	Sa	9:45 - 10:30 a.m.		

Ballet, Tap & Jazz -ages 6 & 7—Fee "B"

210401 A	Jan. 12 -Apr. 6	Tu	6 - 6:45 p.m.		
210401 B	Jan. 13 -Apr. 7	W	5:15 - 6 p.m.		

Ballet, Tap & Jazz -ages 8 & 9—Fee "A"

210601 A	Jan. 12 -Apr. 6	Tu	6:45 - 7:40 p.m.		
210601 B	Jan. 13 -Apr. 7	W	6 - 6:55 p.m.		

Ballet, Tap, Jazz & Toe -10 & Over—Fee "A"

210801	Jan. 13 -Apr. 7	W	6:30 - 7:25 p.m.		
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Choreography - Instructor approval required—Fee "A"

211001	Jan. 12 -Apr. 6	Tu	7:45 - 8:40 p.m.		
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Advanced Choreography - Instructor approval required

211201	Jan. 13 -Apr. 7	W	8 - 8:55 p.m.		
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NEW

Community Band

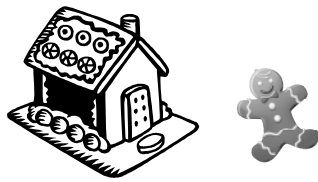
We are looking into the possibility of putting together a community musical group to perform at special events. If you are musically inclined, come to an organizational meeting at the community center on Tuesday, September 22 at 7 p.m. and we'll see what happens.



Crop Till You Drop

Attention all Scrappers! Looking for the space and time to work on your scrapbooks? Grab all of your photos and supplies for an evening dedicated to cropping. Bring your friends for company or inspiration. Snacks and beverages allowed.

Fall:			
320404 A	Sept. 18	F	6 - 10 p.m.
320404 B	Dec. 13	Su	2 - 8 p.m.
Winter:			
320401 A	Feb. 19	F	6 - 10 p.m.
320401 B	Mar. 21	Su	2 - 8 p.m.
Limit 10	\$2/Resident	\$4/Non-resident	

NEW

Gingerbread House Creations

Children age 3-10 are invited to bring a parent, 2 fun kinds of candy to share as well as their imagination and we'll teach you how to build a gingerbread house to take home for the holidays. Royal Icing, bases and other construction materials will be provided.

Dec. 5 Sa 9-11 a.m.
1 class Limit 15 \$8/Resident \$10/Non-Resident

Fall Ball

Join us for our Ninth Annual Fall Ball, Friday evening, October 16, 2009. All new entertainment will be provided for this Halloween themed dance. We provide the snacks and soft drinks and you provide the dancin' shoes! Lots of great door prizes, too. The dance will be at the Crestwood Community Center from 7 to 10 p.m. and is co-sponsored by County Older Resident Programs. Tickets will go on sale September 15, 2009 at the community center. Tickets must be purchased by October 13, 2009.

Oct. 16 F 7-10 p.m.
Limit 200 \$10 per person

Crestwood Block Party

Saturday, June 12 5 – 10 p.m. Whitecliff Park
Mark your calendars for the community event of the summer—Join your friends and neighbors for live music, food, games and activities! We are looking for scout groups, businesses, civic organizations, and churches to be involved with food, games and activities or as a sponsor. This is a great way to let others know about your group or raise funds.
Call 729-4860 to be involved!

NEW

Trick-or-Treat at Crestwood Court

Join us as we team up with Crestwood Court & ArtSpace for some spook-tacular Halloween fun for the whole family. Enjoy trick-or-treating, costume contests, fun and games, and a lot more at the Crestwood Court.

If you or your organization would like booth space to pass out candy to the trick-or-treaters please contact the community center at 314-729-4860.

Sat., October 31 5-9 p.m. Crestwood Court (formerly Crestwood Mall)

NEW

A Christmas

Story Time

Visit the Sappington House Library for an "old fashioned" Christmas, Saturday mornings in December. For children ages 4-7. The cost is \$3 per child and includes a special gift. Advance registration is required, please call 314-822-8171.

Dec. 5, 12, 19 10-10:30 a.m. or 11-11:30 a.m.
Sappington House \$3/child



Special Events

Sponsors Wanted

We are looking for full and partial sponsors for our special events and programs including the Mayor's Block Party, Kid's Triathlon, Valentine's Trail Run, Halloween, Work-out for a Cure, Egg Hunt and more. Contact Amy at 314-729-4860 to help your community while you promote your business.

Crestwood Plant Swap

Join your neighbors and add some variety to your garden. All perennials, herbs, wildflowers, and bulbs must be labeled and indicate Sun or Shade preference.

September 12 Sa 9-11 a.m.
Crestwood Park Pavilion #1



Daddy & Daughter

Valentine Dance

Ages 3+

Little girls and their favorite man are invited to join us at the Community Center from 5:30 to 8 p.m. on Saturday, February 13. Enjoy those special moments that are gone all too soon with an enchanted evening of music, food, fun and dancing.

Tickets will be on sale from Jan. 5 to Feb. 5. Proceeds benefit Whitecliff Winter Playhouse.

Feb. 13 Sa Limit 130 \$25/couple \$15/additional daughter

Workout for the Cure



Set aside your morning for 5 hours of exercise with 5 different instructors. Refreshments and give-aways for all participants. A great way to try all of our instructors and classes to see which you like the most.

Proceeds to benefit the Susan G. Koman for the Cure St. Louis Chapter.

Registration forms available beginning February 1, 2010.

March 27 Sa 8 a.m. – 1 p.m. \$30 registration fee

NEW

Family Night Camping

This is your chance to camp in the great outdoors at Whitecliff Park and reconnect with your family and community!! We will be heatin' up the fire and providing a hearty foil fun creation! (or you can bring your own goodies), and we will end the evening with s'more making! Bring your own tent and camping supplies! Check in and tent set-up starts at 5 p.m. and dinner and activities will start at 6 p.m.; Lights out at 10 p.m. Breakfast will be served from 6:30 a.m.-8 a.m., and event ends at 9 a.m.

Oct. 2 F 5 p.m. to 9 p.m. Limit 30
Resident Cost is \$8/adults, \$6/children ages 4-12
Non-Resident Cost is \$10/adults, \$8/children ages 4-12
All children under the age of 3 are free.



Montgomery BANK

Easter Egg Scramble Ages 2-10

Hop your way to Whitecliff Park to join the Easter Bunny for his annual egg hunt on Saturday, April 3 at 10 a.m. Children can hunt eggs, some with special prizes, visit with friends and meet the Easter bunny. The event will be held indoors in case of inclement weather.

Tickets are required and will be available at no cost for Crestwood residents only from Feb. 23 to April 1.

April 4 Sa 10 a.m.



3rd Annual

Valentine's Day Trail Run

Bring your significant other for this couples 5K race in and around the roads and trails of Whitecliff Park. The run will take place on Saturday, Feb. 13, with a 10 a.m. start and will take place unless we have a blizzard. Entry forms will be available beginning in December. Don't miss out on a hot way to spend a winter morning with a loved one!

February 13 Sa 10 a.m.

NEW

HOME ALONE

This two-hour class, led by a St. Louis Children's Hospital instructor, will help parents and children determine the child's readiness--physically, mentally, socially and emotionally--to stay home by themselves and help prepare them for this experience. Workbooks--one for parents and one for children--are provided. \$20/parent and child.

This program is taught by St. Louis Children's Hospital. To register call (314) 454-KIDS or 800-678-KIDS.

All-Mid-County Muni programs are open to residents of Crestwood, Rock Hill, Sunset Hills and Webster Groves at resident rates. Residents of other communities are welcome to participate, but must pay non-resident rates. When inquiring about or registering for any program, please call the city Parks and Recreation Department listed as the program host. Payment must be received in full before registration is complete. Webster Groves trips depart from Webster Groves Recreation Complex, 33 E. Glendale. Crestwood trips depart from Crestwood Community Center, 9245 Whitecliff Park Lane.

Crestwood

Todd Stover
9245 Whitecliff Park Lane
Crestwood, MO 63126
(314) 729-4860

Rock Hill

Al Hayden
9620 Manchester Road
Rock Hill, MO 63119
(314) 961-1846

Sunset Hills

Herb Pyne
12450 W. Watson Road
Sunset Hills, MO 63127
(314) 842-7265

Webster Groves

Wayne Dunker
33 E. Glendale
Webster Groves, MO 63119
(314) 963-5600

ANTIQUING TO SOUTHEAST MISSOURI

Is it an antique or just old? If you like it and think it's neat, it doesn't matter, the fun is in the hunt! You know the old saying: one man's junk is another's treasure! Join us as we travel to Southeast Missouri and shop at two of the largest antique malls in the St. Louis area. Our first stop will be at the St. Mary's Antique Mall in St. Mary's MO and then we will head into Ste. Genevieve for some country cooking at the Old Brick Restaurant (buffet lunch is on your own).

After lunch we will head west to Farmington, MO to shop at Antique Treasures antique mall. Transportation is by van and the trip will contain a considerable amount of walking.

Fall: Sept. 23 W 8:45 a.m. – 4:00 p.m.

Register with Webster Groves by September 16

Limit \$28/MCM Resident \$33/Non-Resident

Trip Ideas

We are looking for new one-day trip ideas. Contact Todd at 314-729-4860 to let him know about fun adventures, festivals, or historic sites you would like to visit.

Lunch and Bingo

Mid-County Muni Lunch and Bingos are held the first Thursday of most months. We meet for two hours of bingo, socializing and lunch. Advance phone registration is required.

First Thursday of the Month 11:30 a.m. – 1:30 p.m.

\$5/person prepaid \$7/person day of event

Register with Webster Groves

Registration Deadline: One week in advance.

Christmas Lights Tour

Kids age 7 to 70 will love this trip. Get your holidays off to a delightful start with a trip to Our Lady of the Snows. Enjoy a delicious buffet dinner at the Shrine Restaurant, and then ride through one of the most beautiful and uniquely designed light displays in the two-state area. The tour will then continue past Kiener Plaza, Anheuser Busch Brewery and will culminate with a drive through Tilles Park. Spaces fill quickly so register early. Fee includes admission, meal, tip and transportation by motor coach.

Fall: 510004 Dec. 2 W 5:30 - 9:30 p.m.

Register with Crestwood by Nov. 16

Limit 44 \$55/MCM Resident \$60/Non-Resident

The bus will leave the Crestwood Community Center at 5:30 p.m. sharp.

Kimmswick

Apple Butter Festival

The Apple Butter Festival is the largest event in Jefferson County drawing close to 100,000 visitors during the 2 day event. There will be hundred's of vendor booths throughout the city park selling a variety of crafts and food items. Live entertainment will also be provided by the City of Kimmswick and the Kimmswick Merchants. Wear comfortable walking shoes because the city is closed to vehicles and there will be lots of walking. Fee includes transportation. Bring cash for lunch and shopping and to buy some of the famous apple butter made fresh during the festival by the Kimmswick Historical Society at the Apple Butter Pavilion on Market Street.

Fall: 510404 Oct. 24 Sa 9:30 a.m. – 1:30 p.m.

Register with Crestwood by Oct. 9

Limit 14 \$ 12/MCM Resident \$ 17/Non-Resident



HOLIDAY SHOPPING TO WARRENTON AND THE MILLS

Want to get some holiday shopping done early? Join us as we venture to the Warrenton Outlet Mall for some shopping. Some of the stores at Warrenton include: Factory Brand Shoes, IZOD, Levi's Outlet, Missouri Wine and Gift, Nike Factory Outlet, Nine West, GAP outlet and many more. Lunch will be at Imo's Pizza (buffet lunch will be on your own). After lunch, we will head to the St. Louis Mills Mall for more shopping!

Transportation is by van and considerable walking is required.

Fall: Nov. 20 F 8:30 a.m. – 4:15 p.m.

Register with Webster Groves by November 12

Limit \$25/MCM Resident \$30/Non-Resident



ARGOSY ALTON CASINO AND FAST EDDIES BON AIRE

Join us as we try our luck at the first casino in the St. Louis Area, the Argosy Alton Casino. Before we head to the casino, we'll stop by the legendary Fast Eddie's Bon Aire for something to eat (lunch is on your own). Fill up on the 99 cent Fast Eddie Burger or the 29 cent Peel and Eat Shrimp or anything else your heart desires. After you're full, we will head to the casino for an afternoon of fun. This trip is sure to be a winner! Transportation will be by van.

Winter: Mar. 19 F

10:15 a.m. – 4:30 p.m.

Register with Webster Groves by Mar. 10

\$25/MCM Resident \$30/Non-Resident



Progressive Lunch and Scavenger Hunt

Join the adventure as we eat our way around yet to be disclosed destination and crown the winner of our mystery scavenger hunt. We will enjoy salad, appetizers, soup, an entrée and desert, each from a different cuisine and restaurant, while visiting parts of the area you may not get to see very often. All food and transportation by Mini Bus is provided but bring some cash for beverages and shopping.

Winter: 510204 Feb. 18 Th 10:30 a.m. – 3:30 p.m.

Register with Crestwood by Feb. 9

Limit 14 \$50/MCM Resident \$55/Non-Resident

Crestwood Home Expo

Saturday, April 24, 2010

Fitness Room

The fitness room is open during normal operating hours of the community center. The facility is equipped with a variety of Cybex strength stations and Precor treadmills, recumbent bicycles and elliptical cross trainers. A guardian must accompany youth ages 12 to 14; 15 to 17 year olds must have a parent release form on file at the community center to use the facility on their own. No one under the age of 12 will be allowed in the fitness room.

Crestwood resident guest fee \$2
 Non-resident guest fee \$4
 Free with Recreation and All Facility Passes.

Multipurpose Room

Open basketball and volleyball time is subject to room availability. Ask about our youth basketball goal. Call the Rec Line at 729-4880 for times or pick up an open room schedule. New schedules are available weekly.

Crestwood Resident Guest Fee

Weekdays 8 a.m. to 5 p.m. Free
 Weekdays 5 p.m. to 9 p.m. & all day on weekends \$2

Non-Resident Guest Fee

Weekdays 8 a.m. to 5 p.m. \$2
 Weekdays 5 p.m. to 9 p.m. & all day on weekends \$4
 Free with Recreation and All Facility Passes.

Racquetball Court Rental

All Facility, Recreation and Court Pass holders may make racquetball court reservations up to one week in advance to the hour.

Hourly Court Charges

Crestwood Resident Member \$6
 Non-Resident Member \$8
 Guest Fee \$2

Discounted Court Charges

Available Monday, Wednesday, Friday from 6 a.m. – 3 p.m.
 Available Tuesday and Thursday from 9 a.m. – 3 p.m.

Crestwood Resident Member \$4
 Non-Resident Member \$6
 Guest Fee \$2

Non-members may play racquetball on a walk on basis only. No reservations will be taken. Same hourly court charges and guest fees apply.

Wallyball Court Rental

- All Facility, Recreation and Court Pass holders may make reservations up to one week in advance to the hour.
- Court must be reserved by 5 p.m. on the day before your reservation.

Crestwood Resident Member \$8
 Non-Resident Member \$10
 Guest Fee Per Each Additional Person \$2

Crestwood Senior Dance Club

Join us every Tuesday afternoon for dancing, music and friends. Ballroom, circle tag, round, line and Latin dancing are just a few of the styles you will enjoy. Any skill level is welcome. The club meets from 12:30 to 3 p.m.

\$18 per year/Resident \$25 per year/Non-Resident

Wallyball Club

What happens when you combine the sports of volleyball and racquetball? You get WALLEY-BALL! Come play this fun and energizing game Tuesdays from 9–11 a.m. New players are always welcome. All Facilities and Recreation Pass holders may play free of charge. Also available is a yearly League Court Pass at \$25 for Crestwood residents and \$35 for non-residents that allows free play. And of course, you may always play for a \$2 guest fee each time you participate.



Bridge Club

Every Monday afternoon friends meet from 11:30 a.m. to 3 p.m. to play the wonderful card game of bridge. All skill levels are welcome. You can choose to pay annually or per visit.

Annual option

\$15 per year/Resident
 \$22 per year/Non-Resident

Per visit option

Pay at the door each week
 \$1/Resident & Non-Resident

Facility Rentals

Are you looking for an easy and affordable place for your next birthday party, wedding reception, meeting or reunion? The Community Center and Aquatic Center are available for your use for your event. The Community Center can hold groups of 10 to 200 people in one of our many different rooms. We will set up tables and chairs how you want, provide time for decorating, accommodate your choice of caterer (or use our kitchen and cook yourself) and take down the tables and chairs when you are finished. Use the award winning Aquatic Center for your company picnic, school outing or church group and enjoy one of the best attractions in the area. We will work with you to arrange for an event that will be talked about for years to come. For individuals or groups, private or commercial, our rental fees are very competitive. To learn more about our fees and facility availability, call us at 729-4860 or stop in for a tour. Rentals must be booked thirty days prior to the event.

Community Center	Individual Resident or Merit Group Hourly Rate	Resident Business or Individual Non-Resident Hourly Rate	Commercial Non-Resident Hourly Rate
1 Meeting Room	\$20	\$30	\$40
2 Meeting Rooms	\$30	\$45	\$60
3 Meeting Rooms or Lounge	\$45	\$65	\$80
Multi-Purpose Room (Athletic Rental only)	\$35 \$20 (1/2 gym)	\$50 \$30 (1/2 gym)	\$65 \$40 (1/2 gym)
Multi-Purpose Room	\$45	\$65	\$80

An additional "After Hours" fee of \$25/hr. for residents and \$35/hr. for non-residents and business will apply when applicable.

Aquatic Center 2 hour rentals	Number of People	Management Cost	Crestwood Rental Fee	Total Resident Fee	Additional Non-Resident Fee	Total Non-Resident Fee
Multi-Purpose Lap Pool	25 or less	\$120	\$60	\$180	\$30	\$210
	26-150	\$150		\$210		\$240
	151-250	\$180		\$240		\$270
Play Pool	75 or less	\$180	\$80	\$260	\$40	\$300
Leisure Area (Lazy river, big slide, lily pads, beach entry area)	150 or less	\$300	\$140	\$440	\$70	\$510
	151-250	\$330		\$470		\$540
Entire Aquatic Center	25-150	\$510	\$200	\$710	\$100	\$810
	151-250	\$570		\$770		\$870

Concession stand fees are \$25/hr., plus the cost of food. If outside food or drink is used, a \$25 clean up fee will be charged.

Crestwood Parks & Facilities	Crestwood Park	Ferndale Park	Rayburn Park	Sanders Park	Spellman Park	Whitecliff Park	Sappington House Historical Site
Size in acres	21	1	3.3	4.2	3	85	2.5
Playground	1	1	1	2	1	1	
Sports Fields	2				1	1	
Tennis Courts	2			2	1	4 - Lighted	
Restrooms	1					1	
Picnic Areas		1		1	1	1	
Picnic Pavilions	2					2	
Multiuse Courts				1	1	1 - Basketball & Roller Hockey	
Trails	1					1	
Ponds						1	1
Community Center						1	
Outdoor Aquatic-Complex						1	
Other	Sledding Hill					Sand Volleyball Court, GPS Cache Course	Historical Home and Restaurant
Location	Meadowfern Dr.	Ferndale & Liggett	Rayburn Ave.	Sanders & Clover	Spellman Dr.	Whitecliff Park Ln.	1015 South Sappington

Park Hours

Whitecliff Park is open year 'round from 7 a.m. to 11 p.m.

- The gate located at the entrance to the lower picnic shelter in Whitecliff Park will be locked one half-hour after sunset. Vehicle use in this area after sunset is by permit only. The area will remain open for pedestrian use until 11 p.m.
- Due to the limited amount of parking for picnics and the popularity of the Grant Trail, any car parked at the lower pavilion lot without a permit will be subject to towing. Grant Trail parking is permitted in the upper parking lots at Whitecliff Park and at the Public Works Facility on Pardee Lane.

All other Crestwood parks are open 7 a.m. to 9 p.m., September through April and 7 a.m. to 10 p.m., May through August.

Park Rules: For Your Safety and Protection

Please observe all park rules and regulations for a safe and enjoyable leisure experience:

- State and City laws apply in all Crestwood parks.
- Weapons of all types are prohibited on park property.
- Alcoholic beverages are permitted only in designated areas.
- Glass beverage containers are prohibited in all park areas.
- Driving and parking are permitted in designated areas only.
- A 15-MPH speed limit is enforced on park roads.
- Cooking fires are restricted to park grills in designated picnic areas.
- Pets must be leashed and may not be brought into posted areas. Pet owners are required to carry and use removal devices for pet excrement. Skateboards are not allowed on roadways. No skates, skateboards, roller blades or bicycles allowed on tennis courts, steps or railings.

Tennis Reservations

All Facility, Recreation and Court Pass holders may make tennis court reservations at Whitecliff Park, April 1 through October 31. Make reservations by calling the Community Center one-week in advance but not less than one day prior to playing time (no same day reservations). Reservations must be made no later than 4 p.m. for next day or by 4 p.m. on Friday for Saturday, Sunday and/or Monday reservations.

Picnic Reservations

Reserve a spot for your next picnic or family reunion at Crestwood Park or Whitecliff Park. Permits are issued beginning the first working day in January for Crestwood residents and one month or less in advance of picnic date for non-residents. Fees for pavilions are \$25 for Crestwood residents and \$40 for non-residents. Fees for picnic areas are \$15 for residents and \$25 for non-residents. There will be no refunds or rescheduling of reservations due to inclement weather. Reservations must be made in person at the community center during normal operating hours. Reservations may not be made less than 24 hours prior to the desired time.

Your Satisfaction - Guaranteed!

The Crestwood Public Service Department strives to provide quality recreation programs for you and your family.

- If you participate in a recreation program and find that the quality does not meet your expectations, please notify us with your concerns in writing. We will refund your program fee in full.
- If you register for a program and later determine you will not be able to attend the class, let us know at least five days before the start of the class. If someone fills your spot before the start of the program, we'll refund your program fee minus a \$3 service charge.
- If you are unable to participate in a recreation program due to a health reason, present a physician's statement as proof of illness and we will refund your program fee minus a \$3 service charge. If the program has already begun, you will receive a pro-rated amount for the number of classes still remaining.
- If we cancel a program or change the program dates or times making it impossible for you to participate, we will send you a full refund.
- Refunds for registrations made with cash or check will be sent by mail to the address on your registration form. Refunds for registrations made with MasterCard/Visa will be credited to your charge account. Please allow 2-3 weeks for processing.
- Leagues, tournaments, trips, camps and special events are exempt from this policy.

Insurance Statement

The Crestwood Public Services Department does not provide insurance coverage for injuries suffered while participating in parks and recreation programs or while using park facilities. We, therefore, urge that any costs related to such injuries be presented to your personal insurance carrier.

Americans with Disabilities Act

The programs and facilities of the Crestwood Parks and Recreation Department are available to people of all abilities. If accommodations are needed to participate, please notify us when registering or at least 48 hours in advance by calling us at (314) 729-4860 (voice) or use Relay Missouri 1-800-735-2966 (TDD). If we are unable to meet your needs, there is a grievance procedure available for ADA concerns.

Gift Certificates

Give the gift of Fun! Memberships, programs or activities are great presents for your favorite someone's birthday or holiday gift. Stop in the community center to purchase a gift certificate today.

Fair Play Policy

Crestwood Public Services Department, Recreation Division offers opportunities for people of all ages and abilities. Our goal is to provide for personal growth in a safe environment. Please assist us in maintaining a safe and enjoyable environment by following our Fair Play Policy. Individuals using parks and recreation facilities are expected to:

- Wear appropriate attire including a shirt and shoes in the Community Center.
- Refrain from using profane language.
- Refrain from placing themselves and/or others at risk (i.e., hitting, fighting, biting, kicking, spitting, etc.).
- Respect one another and one another's belongings.
- Not participate in any unlawful activities (i.e., illegal drugs, weapons, vandalism, stealing, etc.).
- Remain with their instructor; follow directions to the best of their ability and refrain from causing disruptions.
- Persons who endanger the safety of themselves or others will be removed from the park facility and/or recreation program. Other infractions of the rules will be handled as deemed necessary by the parks and recreation department staff. If children are involved, their parents and/or guardian will be contacted.

Thank you for your consideration of this policy.

Proof of Residency

Please bring two forms of identification that include your name and address to verify your Crestwood residency. These items can be your current personal property tax receipt, driver's license, voter id card or unpaid utility bill.

Senior Discount

A 10 percent discount is extended to all seniors age 62 or over purchasing a membership. On family memberships, this discount applies only to qualifying seniors.

Family Status

To qualify for a "Family" membership, all individuals on the pass must be permanent residents at the address listed on the membership application.

Replacement Cards

A fee of \$4 will be charged to replace lost or damaged cards.

Membership/Pass fees are subject to change, please contact the Community Center for the most current rates.

Recreation Pass

- Serves as identification at the Crestwood Aquatic Center, allowing residents to pay daily resident rate.
- Same privileges as Court Pass.
- Use of the Dance Room and Multi-Purpose Room during open gym hours.
- Use of Fitness Room when age appropriate.
- Use of Community Center locker.

Crestwood resident individual	\$65
Crestwood resident family of 4	\$125
Each additional person (family pass only).....	\$20
Crestwood business rate (individual pass only).....	\$80
Non-resident individual	\$95
Non-resident family of 4	\$190
Each additional person (family pass only).....	\$30

Resident Aquatic Center Pass

- Good for admission to the Crestwood Aquatic Center.
- Bring in up to 4 guests daily.

Crestwood resident individual	\$70
Crestwood resident family of 4	\$190
Each additional person (family pass only).....	\$30
Crestwood business rate (individual pass only).....	\$105

Resident All Facilities Pass

- Includes both Recreation Pass and Aquatic Center pass privileges.

Crestwood Resident Individual	\$115
Crestwood Resident Family of 4	\$280
Each Additional Person (family pass only).....	\$45

Crestwood I.D. Card

- Used to prove Crestwood residency and receive resident rates at the Aquatic Center and at the Community Center.
- Must be renewed each calendar year at the Community Center and residency must be verified.

Crestwood Resident.....\$5

Court Pass

- This pass allows you to make racquetball and/or tennis reservations a maximum of one week in advance.
- Ability to make walleyball reservations a maximum of one week, but no less than 24 hours in advance.
- Only pay court fee, no guest fee for pass holders.

Crestwood resident individual	\$45
Crestwood business rate.....	\$55
Non-resident individual.....	\$65

Non-Resident Aquatic Center Pass

- Good for admission to the Crestwood Aquatic Center
- Pass holders may bring 2 guests daily.

Non-resident family of 4.....	\$375
Each additional person (family pass only).....	\$60
Non-resident individual.....	\$135
Non-resident I.D. card.....	\$25

A limited number of passes and I.D. cards are available to sponsored non-residents. Crestwood residents may pick up vouchers for any non-resident family or individual they wish to sponsor at the Community Center beginning March 1. Passes will be available beginning at 8:00 a.m. on Saturday, April 10, for sponsored non-residents on a first-come, first served basis while supply lasts.

How to Register

Walk-In

Bring your payment by check (payable to "City of Crestwood"), cash or credit card (MasterCard or Visa) to the staff at the front desk of the Crestwood Community Center, 9245 Whitecliff Park Lane. See page 1 for our days and hours of operation.

Phone-In

Phone-in registrations are accepted 9 a.m. — 5 p.m., beginning the second day after the appropriate registration period.

Call the community center at 729-4860. Please have the following information ready:

- Name, address and phone number
- Program name and number
- MasterCard or Visa, card number and expiration date.

Mail-In

Mail-in registrations are processed at noon on the appropriate registration start day. Send a completed registration form and your payment by check payable to the "City of Crestwood" to:

- Program Registration
- Crestwood Parks and Recreation
- 9245 Whitecliff Park Lane
- Crestwood, Missouri 63126

Fax-In

Fill out the registration form below completely. In the comments section, please indicate the following:

- Type of card - MasterCard or Visa
- Account number
- Expiration date
- Name of cardholder

Send the fax to the community center at 314-729-4877.

Fax registrations will be accepted beginning the second day after the appropriate registration start date.

See page 1 for registration dates. Please read program descriptions for special registration dates.

Participant's Name - Please Print _____			Home Phone _____		Work/Cell Phone _____	
Address _____			City _____		Zip _____	
Does the participant need an accommodation? _____			Sex _____		Birth date _____	
M _____			F _____		Program _____	
AGREEMENT TO RELEASE AND HOLD THE CITY OF CRESTWOOD HARMLESS			In consideration of the City's permitting my participation in the Program(s) specified above, I agree as follows:		Program # _____	
1. I, for myself and my personal representatives, release and discharge the City of Crestwood, its agents, officers and employees, from all claims for personal injury, damage or loss of property, liability or expense, including attorney's fees, arising out of my participation in the above Program(s) not withstanding any claim of fault or negligence (whether sole, concurrent or otherwise) on the part of the City, its agents, officers or employees.			2. I, for myself and my personal representatives, agree to defend, indemnify and hold the City of Crestwood, its agents, officers and employees, harmless against all claims which may be asserted by others for personal injury, damage or loss to property, liability or expense, including attorney's fees, occasioned by any of my acts or omissions not withstanding any claim of fault or negligence (whether sole, concurrent or otherwise) on the part of the City, its agents, officers or employees.		Session SP SU F W	
3. I do hereby grant and give the City of Crestwood the right to use my or my child's photograph or image for any publications or promotions of the activities or facilities of the City of Crestwood.			Date _____		Day M TU W TH F SA SU	
Signature of Participant (If under 18, Parent or Legal Guardian) _____			Date _____		Dates _____	
CRESTWOOD PUBLIC SERVICES, RECREATION DIVISION			9245 WHITECLIFF PARK LANE		Time _____	
CRESTWOOD, MO 63126			CRESTWOOD, MO 63126		For Office Use Only	
Fee Paid _____			Staff _____		Date _____	
R NR CK CA CH			Comments _____		Comments _____	



Calendar of Events

Sappington House Luncheon Fundraiser
 Thursday, September 10 at 11 a.m.
Two Hearts Banquet Center

Crestwood Plant Swap
 Saturday, September 12 from 9-11 a.m.
Crestwood Park—Pavilion #1

Chip-A-Thon
 Saturday, September 12 from 2-4 p.m.

Heritage Tour
 Saturday, October 4 from 11 a.m. - 5 p.m.

Additional information on Page 2

Halloween Trick-or-Treat

Saturday, October 31

Crestwood Court

Crestwood-Kirkwood Youth Theatre presents:

Little Shop of Horrors

December 3-6

For ticket information call 314-822-5855

Valentine's Day Trail Run

Saturday, February 13 at 10 a.m.

Daddy & Daughter Valentine Dance

Saturday, February 13 at 5:30 p.m.

Tickets of sale January 5 - February 5 at the Community Center

Program Registration

Registration will start at 9 a.m. on the following dates:

Fall Programs

Resident.....Tuesday, August 18
 Non-Resident.....Tuesday, August 25

Winter Programs

Resident.....Tuesday, December 1
 Non-Resident.....Tuesday, December 8



Crestwood Community Center
 9245 Whitecliff Park Lane
 Crestwood, MO 63126
 314-729-4860
 www.ci.crestwood.mo.us

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Programs and Events

Fall '09 & Winter '10